

Paigaam

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Palestinians also have the right to defend themselves



All your armies, all your fighters, all your tanks, and all your soldiers, against a boy, holding a stone, standing there all alone. In his eyes, I see the sun. In his smile, I see the moon. And I wonder, I only wonder, who is weak, and who is strong? who is right, and who is wrong? And I wish, I only wish, that the truth had a tounge...

Palestinian Lives also matter

To describe the recent situation in Palestine as clashes between two equal parties would be nonsensical.

The idea that an occupying power has the right to drop bombs on those whose land they steal under the rubric of “self-defence” flies in the face of UN General Assembly Resolution 37/43 of 1982 which recognises “the legitimacy of the struggle of peoples for independence, territorial integrity, national unity and liberation from colonial and foreign domination and foreign occupation by all available means, including armed struggle”.

When media outlets present the violence as a conflict between two sides with equal claims to security and land, they ignore the fact that the Palestinians are engaged in a struggle for liberation against an immoral occupation.

Although, U.S President Joe Biden is reported to have said Israel has “a right to defend itself” against rockets from Hamas and expressed support for a ceasefire, before one was announced, he made no mention of the Palestinians who had been attacked whilst praying at the Al Aqsa Masjid and those who have been threatened with having their property confiscated.

In relation to the many civilians who have been killed by Israeli airstrikes, Biden sent his “sincere condolences to all the families, Israeli and Palestinian, who have lost loved ones” in the fighting.

Israel’s repeated strikes into Gaza have claimed the lives of over 220 Palestinians, including 63 children, 36 women and have wounded over 1500 people, according to the Palestinian Health Ministry. Hamas

has fired rockets into several Israeli cities, killing at least six Israelis, including a child, according to the Israeli army.

The last “conflict” between Palestine and Israel, which took place in 2014, claimed 2300 civilian deaths. However, the number of people who have been displaced this time by Israel’s bombing of the Gaza Strip has soared to over 58,000, according to the UN.

Palestinian Foreign Minister Riyad al-Maliki accused Israel of committing “war crimes” in Gaza during a United Nations Security Council session.

“Some may not want to use these words – war crimes and crimes against humanity – but they know they are true. Act now to end aggression. Act now so freedom can prevail, not apartheid,” al-Maliki told the Security Council.

In the U.S Congress, Rashida Tlaib, the only elected Palestinian-American member, who represents the Democrats, accused the President and senior officials of refusing to acknowledge the suffering of the Palestinians.

In her speech on the House floor, she also lamented the deaths of Palestinian and Israeli children whilst urging congress to look at the entire situation from an impartial perspective.

“To read the statements from President Biden, Secretary Blinken, General Austin and leaders of both parties, you would hardly know Palestinians existed at all,” Tlaib said.

“There has been no recognition of the attack on Palestinian families being ripped from their homes right now. No mention of children being detained or murdered.

No recognition of a sustained campaign of harassment and terror by Israeli police against worshippers kneeling down and praying and celebrating the holiest days in one of their holiest places, no mention of Al Aqsa being surrounded by violence, tear gas, smoke, while people pray.

“No child, Palestinian or Israeli, whoever they are, should ever have to worry that death will rain from the sky. How many of my colleagues are willing to say the same, to stand for Palestinian human rights as they do for Israeli? How many Palestinians have to die for their lives to matter?”

Responding to the bombing of the building which housed international media, she said: “Israel targeting media sources is so the world can’t see Israel’s war crimes led by the apartheid-in-chief Netanyahu,” referring to the Israeli Prime Minister.

Tlaib, an American of Palestinian descent, said she was a reminder to Congress that Palestinians do indeed exist, and that they are human.

“And colleagues, Palestinians aren’t going anywhere no matter how much money you send to Israel’s apartheid government,” she added, referring to the \$3.8 billion in annual military aid that Congress sends to Israel.”

However, Biden’s friendship with Israeli Prime Minister, Benjamin Netanyahu has been acknowledged, as he is a longstanding supporter of Israel.

In a viral video shared amongst activists and analysts, a young Joe Biden is adamant the United States should not have to apologise for supporting Israel and giving it billions of dollars in military aid.

“There’s no apology to be made, none,” he said. “Were there not an Israel, the United States of America would have to invent an Israel to protect her interests in the region.”

Citing Human Rights Watch’s recent report accusing Israel of committing crimes of apartheid and persecution against Palestinians, Tlaib announced that she has made it her mission to end the suffering of the Palestinians.

She said: “It is our duty to end the apartheid system that for decades has subjected Palestinians to inhumane treatment and racism. Palestinians are still suffering, still being dispossessed, still being killed as the world watches and does nothing.”

Several other Democratic Congress members also spoke out in support of Palestinian rights.

Senator Bernie Sanders, who lost the Democratic presidential nomination to Biden, said the ‘U.S. must stop being an apologist for the Netanyahu government.’

He said: “In the Middle East, where we provide nearly \$4 billion a year in aid to Israel, we can no longer be apologists for the right-wing Netanyahu government and its undemocratic and racist behaviour.

“We must change course and adopt an even-handed approach, one that upholds and strengthens international law regarding the protection of civilians, as well as existing U.S. law holding that the provision of U.S. military aid must not enable human rights abuses.

“Over more than a decade of his right-wing rule in Israel, Mr. Netanyahu has cultivated an increasingly intolerant and authoritarian type of racist nationalism.”

Congresswoman Ayanna Pressley called out the “grave asymmetry of power” between Israel and the Palestinians, insisting that “as a Black woman in America, I am no stranger to police brutality and state-sanctioned violence,” adding that Palestinians are “told the same

thing as Black folks in America: There is no acceptable form of resistance.”

Thousands of people across the world have showed their support for Palestinians in protests whilst the bombing was taking place, with demonstrators from Ireland, Canada, Libya, Spain, New Zealand, Japan and in Washington and New York waving flags and labelling the Israeli administration an apartheid government, which is funded by the American government with the backing of administrations across the Middle East.

Protestors also said that the actions of the Israeli government has resulted in people being thrown out of their homes, grenades thrown into the holy Al Aqsa Masjid during Ramadhan, innocent people have had knees on their necks and bullets in their chests.

In the UK, thousands of people protested throughout towns and cities such as London, Leeds, Dewsbury, Birmingham to support the Palestinians. Organisers called on the UK government to step in and “stop allowing Israel’s brutal violence against and oppression of the Palestinian people to go unpunished”.

They also lamented the fact that as in previous wars between Israel and Hamas, in 2009, 2012, and 2014, the principal casualties are civilians, including many children. Given Israel’s vastly superior resources, the toll of death and destruction is disproportionately felt by Palestinians.

Prime Minister Boris Johnson called on both sides to “step back from the brink,” whilst also reaffirming his commitment to a two-state solution, which he said, is the best way forward.

“This government is firmly behind his in that we continue to believe that a two-state solution is the best way forward,” said Mr Johnson.

Liberal Democrat foreign affairs spokeswoman Layla Moran believes the abrupt horror of the manner in which civilians, mostly Palestinians have suffered, is a shameful reminder of the international

community’s almost criminal neglect of the crisis.

In an emotional moment Moran began read out the names of children killed in the fighting.

She told the Commons: “My heart breaks for them and my heart bleeds for Palestine, for Jerusalem - the city of my family - for the worshippers attacked by extremists at the Al-Aqsa mosque on the holiest night of Ramadan, and for all innocent civilians - Israeli and Palestinian.”

She called for new peace talks, adding: “If this isn’t the time to recognise the state of Palestine, then when is?”

Shadow Foreign Office minister Wayne David said he had been “appalled” by events, adding “the loss of life has been terrible.

He said: “The evictions of Palestinians from their homes in East Jerusalem must end, international law must be upheld, and all religious sites must be respected. At the same time Britain and the international community must recognise the commitment to a two-state solution.”

However, Israeli Prime Minister Benjamin Netanyahu, said they would pursue their aims and objectives and had every right to defend themselves.

“The party that bears the guilt for this confrontation is not us, it’s those attacking us,” Netanyahu said in a televised speech.

Netanyahu said Israel’s air and artillery barrage had eliminated dozens of “militants” and taken out “hundreds” of the group’s sites including missile launchers and a vast tunnel network.

A statement from Hamas said its “resistance” was “a new victory which led to the ceasefire.

They also claimed to have “obtained guarantees” over the Sheikh Jarrah neighbourhood in Jerusalem and the Al-Aqsa Mosque - the issues largely blamed for starting the fighting.

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School Palestine backlash

The recent Israeli bombing of Gaza has triggered a series of pro-Palestine protests in schools across the UK.

However, staff at schools have controversially punished Muslim pupils who have spoken out against the bombing, accusing them of anti-semitism and in some cases children have been subjected to disciplinary action.

Schoolchildren who have been reprimanded for their pro-Palestine activism on school premises, said they were threatened with detention, expulsion and barred from taking exams if they persisted in protesting for Palestine whilst at school.

A student from Allerton Grange School in Leeds, said she distributed posters to fellow students after reading eyewitness accounts about children being killed by the bombing in Gaza.

However, the posters were confiscated by teachers, some of whom resorted to tearing up posters into pieces.

“When we asked why they took down the posters, the teachers said they didn’t have to justify it to us and were given clear instructions to take down these posters as they were seen as sending antisemitic messages,” said the student.

Students from the school then proceeded to post a video

of headteacher Mike Roper describing the Palestinian flag as a “call to arms” and “a symbol of antisemitism.”

However, Roper has since issued an apology after several protests took place outside the school.

Allerton George has not responded to Paigaam’s request for a comment at the time of this article’s publication.

A student in London also voiced his displeasure after he was threatened with expulsion and detention after placing Palestinian posters on class boards.

“The school made an active attempt to hold discussion groups in relation to Black Lives Matter,” said the youngster who wished to remain anonymous.

“We put up small Palestinian flags and posters that read ‘Free Palestine’, drawing Palestine but they were ripped down and thrown in the bin and we were threatened with suspension and detention.”

One teacher, speaking on the condition of anonymity, said students were effectively banned from displaying “free Palestine” posters and were ridiculed in front of their fellow students.

“These blanket bans on any mention of the word ‘Palestine’ at school seem to be commonplace, and are even being encouraged by some

local councils. Evidently, these are deeply racist policies,” she said.

Alexandra Wright, a senior rabbi at the Liberal Jewish Synagogue in St John’s Wood, London, said freedom of expression was very important and young people should be allowed to express their views in an educated and nuanced way.

She added that it was of supreme importance that young people in schools and universities were educated about the history and the current situation in the Middle East.

She said: “All forms of antisemitism and Islamophobia should be condemned, and young people should be educated to understand the difference between their criticism of policies that belong to particular leadership and governments, on the one hand, and targeting Jews or Muslims who are not citizens of those countries about whom they are protesting, on the other.”

Ilyas Nagdee, an activist who campaigns against the Prevent strategy, said children and their

parents had contacted him about schools clamping down on pro-Palestine activism.

Upon offering to help students facing issues at school for their Palestine protests on Twitter, his post was retweeted over 1,300 times.

Ilyas has since received nearly a hundred requests for help.

“The cases we have received span the entire length of the country with hotspots where there are sizeable Muslim communities.

“The sanctions applied are wide in range, from young people being spoken to in class or given lunchtime isolation all the way to exclusions,” said Nagdee.

“We are also receiving a growing number of concerned parents who are contacting us due to fear their child has fallen into the clutches of Prevent or fearful of visits from the police.

“This particularly seems to be the case with younger children who were subject to inappropriate questioning without the knowledge or consent of the parents.”



IMWS Burial Services

Despite rumours to the contrary IMWS can confirm that its burial service for the community will continue as normal.

The local Muslim community is fully aware that IMWS has been providing a free burial service for the community since it was established in 1957.

This was the first act of our elders and founding fathers who wanted to ensure the deceased would be buried in accordance with Islamic requirements.

Our elders also ensured that we were able to bury without the use of coffins. Batley and Dewsbury were the first areas in England that managed to achieve this.

IMWS has been providing practical burial services through nominated volunteers and has been managed through the IMWS Burial Committee.

The community members are also aware that the local Masjids are fully involved in this whole process and have been providing the ghusal service through local Masjids, with the assistance of Ulema and volunteers. This process has been working very well over many decades and will continue.

Rumours have been circulating in the community about the formation of a new group and whether IMWS Burial services were being taken over by this group.

IMWS wants to make it absolutely clear that this group does not represent IMWS Burial Services and has no authority to use the 'IMWS' name or its resources or networks.

This group is not connected to, nor is it supported by IMWS to start a new service, which is duplicating services already being provided by IMWS.

We have a very good network through all our local Masjids and we have many volunteers in all areas that assist with burial matters including ghusal and support for families.

There is no need to change any of this. We have the full backing of our areas and our senior Ulema to continue our valued service.

Apart from the established burial services which are continuing, IMWS also provides and leads on many other services which the community may not be fully aware of:

- We help families through the burial process from obtaining the death certificate and registration to slots for burial.

- IMWS burial service is always available to any Muslims in the locality whether they are members or not.

- IMWS has regular liaison meetings with the Chief Coroner to deal with any issues relating to the release of bodies.

- To help families at a time of distress, IMWS has established arrangements with the Council to pay the Council burial fees directly and provide time for the family to repay the costs to IMWS later.

- Regular meetings with senior Council Officers to deal with issues relating to burial, land and any other related issues.

- IMWS led the campaign some years ago to reduce Council burial charges.

- IMWS has been continuously working with the Council to ensure availability of burial land.

- Through IMWS efforts the current land was made available and we are working with the Council to prepare the next plot of land.

This will ensure that there will be burial land available in Batley cemetery for the next five years and more.

- IMWS has also been actively searching for new plots of land to purchase with support from the community and our search will continue.

- We have our own hearse which is available 24/7.

- IMWS representatives attend burial forums locally and nationally.

- We constantly liaise with the Council to follow up issues such as land drainage, upkeep of graves, vandalism, dog fowling etc.

dog fowling etc and so much more.

Mohammed Laher, Chair of IMWS Burial Committee, told Paigaam that the IMWS Burial Services will continue to provide an invaluable service to the community.

He said: "We are very proud of the services we have been providing to our community over many decades through our volunteers and we will continue to provide our services whilst striving to further improve and provide additional services in the future."

"I would also like to thank all our Area Masjids for the excellent work and support they have been continuously providing."

Burial contact numbers

FOR DEATH AND BURIAL RELATED ASSISTANCE PLEASE CONTACT:

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How Benjamin Netanyahu embraced the Israeli far right

Hundreds of Palestinians are dead, including women and children, whilst eight Israelis, including a child have passed away.

Masjids and buildings throughout Gaza have been blown to smithereens and the outbreak of communal violence within Israel has seen ultranationalist mobs attack Palestinians, Masjids and Arab-owned businesses whilst chanting “Death to Arabs”.

One shocking incident was broadcast live on Israeli TV, where a Muslim taxi driver was set upon by a mob in a Tel Aviv suburb, in the city of Tamra,

Israeli Prime Minister, Benjamin Netanyahu and his president, Reuven Rivlin responded by saying: “Nothing justifies the lynching of Arabs by Jews and nothing justifies the lynching of Jews by Arabs.”

However, Netanyahu has been accused of orchestrating the attacks against Arabs and Muslims by embracing the racist anti-Arab Jewish Power party and helping to bring them into the Israeli Knesset.

Netanyahu has presented Palestinian citizens, one-fifth of Israel’s population, as a threat and legitimised the far right with his embrace. To win elections, he warned that Arab voters were going to the polls “in droves” and warned that opponents were “plotting with the Arab parties to form a government”.

Such rhetoric and tactics have alienated Israel’s Palestinian citizens and identified them as a target.

“For years in Israel, the leadership entrusted with serving its citizens has been pumping hatred into the air. Teaching and cultivating ethnic rage takes time and this has now come to the fore,” said media

The horror which unfolded in Palestine bears a terrible familiarity in the form of bombs raining down upon Gaza,

It has been pumping hatred into the air. Teaching and cultivating ethnic rage takes time and this has now come to the fore,” said media consultant Dahlia Scheindlin.

The 2018 nation-state law specifically granted rights to Jewish/Israeli citizens and denied them to Israel’s Arab/Muslim population; a year later, Mr Netanyahu was quoted as saying: “Israel “is not a state of all its citizens”.

While the conflict appears to be aiding Mr Netanyahu in his quest to cling onto power, just when his rivals thought they were progressing in attempts to amass a coalition, it also shows the cost of all his years of leadership: the blood of innocent people.

The principal message is that Israelis can live safely without the need to concede anything to Palestinians. However, recent events show that there can be no peace and security whilst Palestinians live under Israeli control.



Why a ceasefire is like applying a plaster to a deep wound

All a ceasefire amounts to is applying a plaster to a deep and worsening wound. This story of neglect, cementing in place injustices and inequities stretches back to the 1948 Palestine war, made a new explosion of violence all but inevitable.

The Balfour Declaration, which resulted in a significant upheaval in the lives of Palestinians, was issued on November 2, 1917.

The declaration turned the Zionist aim of establishing a Jewish state in Palestine into a reality when Britain publicly pledged to establish “a national home for the Jewish people” there.

The statement came in the form of a letter from Britain’s foreign secretary, at the time, Arthur Balfour, addressed to Lionel Walter Rothschild, who was a prominent figurehead of the British Jewish community in the 1940’s.

The pledge is generally viewed as one of the main catalysts of the Nakba - the ethnic cleansing of Palestine in 1948 – and the conflict that resulted in the creation of the state of Israel. It is also regarded as one of the most controversial and contested documents in the modern history of the Arab world.

Experts say one major

casualty has already emerged from the rubble: the two-state solution – the creation of an independent Palestinian nation alongside Israel - negotiated settlement to the decades-old conflict is nowhere in sight.

In fact, there have been no meaningful peace talks to solve the Israel and Palestine issue for more than a decade and there seems to be no interest in reviving a peace process that has been put on the shelf since the late 1990s.

Israel captured the West Bank and East Jerusalem in the 1967 war, and the Palestinians want both as part of their future state. The Palestinians, have the backing of the majority international community, who view the settlements as illegal.

“Those who now keep clinging to the old paradigm of two states have to explain to us how separation of the two communities is going to take place when 700,000 settlers exist in East Jerusalem and in the West Bank,” said Marwan Muasher, a former Jordanian foreign minister.

Addressed issue at a forum hosted by the Carnegie Endowment for International Peace, Muasher added: “We are already in a one-state reality,” he exclaimed. “The question is becoming increasingly: Is this reality going to turn into an apartheid state or a democratic state?”

Israeli Prime Minister, Benjamin Netanyahu, the country’s longest-serving prime minister has pursued an aggressive settlement policy allowing Jews to build thousands of homes in the West Bank and other Palestinian enclaves.

More than 475,000 Jewish settlers now live in the West Bank, and more than 200,000 settlers live in East Jerusalem, according to U.S. and Israel government data.

Despite the fact that the United Nations has repeatedly declared that the settlers are violating international law, the expansion keeps happening.

Netanyahu’s rejection of the UN-backed two-state solution, his support for seizures or annexation of Palestinian land in the West Bank and East Jerusalem, his discriminatory attitude to Israeli Arabs, his tolerance of neo-fascist religious and far-right settler groups and the recent police outrage at Jerusalem’s al-Aqsa mosque have all stoked the current crisis.

The Al-Aqsa mosque in Jerusalem is the third holiest site for Muslims and of such significance it merits a mention in the Quran.

To storm in and fire rubber bullets at worshippers is abhorrent. If a ‘Muslim’ did the same thing to a place of worship, we would rightly call them a terrorist so why is it

okay if the state of Israel does it?

To compound matters, President Joe Biden’s statements seem to be rather vague in nature whilst his predecessor, Donald Trump’s “deal of the century” was a cruel deception of the highest nature.

Recent events have rendered the prospect of a lasting settlement more distant than ever. In several respects. The sustained rocket barrage mounted by Hamas from its Gaza stronghold, targeting Tel Aviv and penetrating deep into the country, has surprised and alarmed Israel’s leaders.

So, too, has intercommunal violence pitting Arab and Jewish Israelis against each other in numerous towns and cities.

Yet for peace to prevail, greater honesty is essential. It is no good pretending, as so many in Israel, the US, Europe and the Arab sphere do, that the “Palestinian problem” will somehow go away by itself.

A ceasefire must not be a pause in fighting, this must be the moment when a new, determined international diplomatic drive begins for a permanent two-state settlement that both Palestinian and Israeli people, under new leadership, can live with. This is the only honest way.

What led to the most recent Palestine and Israel war?

Since the proposed evictions in Sheikh Jarrah followed by the gross overreaction of the Israeli authorities towards Palestinian protesters and the attack on the Al-Aqsa masjid, during the holy month of Ramadan, the escalation of violence was the most intense since the seven-week 2014 Israeli war on Gaza.

Paigaam looks at how the violent escalations, the most intense since the seven-week 2014 Israeli war on Gaza flared-up.

Sheikh Jarrah expulsions

Anger has been growing over the forced expulsion of Palestinian families from the occupied East Jerusalem neighbourhood of Sheikh Jarrah, who have been facing multiple court cases filed against them by settlers since 1972.

These organisations claim that land the families live on was originally under Jewish ownership, but Palestinians see this as an extension of an official Israeli policy to displace as many Palestinians from Jerusalem in order to retain a majority Jewish identity in the city.

The United Nations has warned the planned expulsions could amount to “war crimes”.

Protests and scuffles between

Palestinians, Israeli settlers and Israeli police have steadily increased since the end of April. The Israeli court in October 2020 ruled that four Palestinian families should vacate their homes, and gave May 2 as the date for their forcible eviction. However, the court date has since been postponed.

Al-Aqsa attacked

Heavily deployed police fired rubber-coated bullets and stun grenades at worshippers who were praying at Masjid Al-Aqsa – Islam’s third holiest site during Ramadan.

A reported 205 Palestinians and 17 Israeli officers were injured as protesters responded by throwing stones with many also protesting against the planned expulsions at Sheikh Jarrah.

Israeli security forces did not stop there. They came back to conduct a raid on the Al-Aqsa compound, again firing rubber-coated bullets, tear gas and sound bombs at worshippers, stoking international outrage and wounding more than 300 Palestinians. About 20 Israeli officers were also injured.

Hamas later announced it had given an ultimatum for Israel to remove its security forces from the Al-Aqsa compound.

In response to the Israeli bombing, Hamas had fired some 200 rockets towards

Israel, according to the Israeli military, including several targeted at Jerusalem, with most intercepted by Israel’s Iron Dome defence system.

Israeli aerial attacks hit the offices of media organisations, apartment buildings as well as other targets, including media buildings and the homes of Hamas leaders.

Health authorities in Gaza confirmed that many Palestinians, including women and children have been killed.

Prior to the ceasefire being announced, UN Special Coordinator for the Middle East Peace Process Tor Wennesland, warned the situation was escalating towards “a full-scale war.”

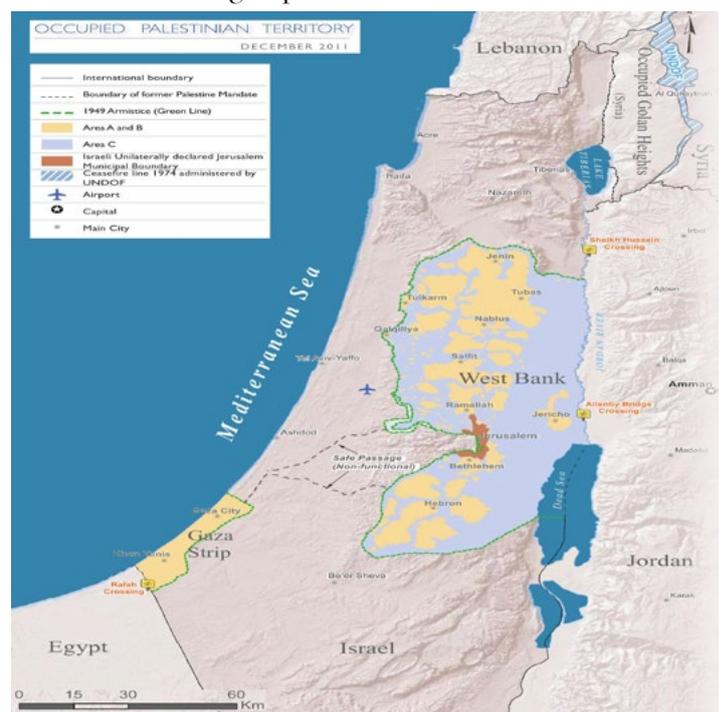
Hamas leader Ismail Haniya told mediators the group was

“ready” if Israel increases its attacks on the besieged Gaza Strip, saying: “If they (Israel) want to escalate, the resistance is ready; and if they want to stop, the resistance is ready.”

However, despite initial international calls to de-escalate, Israeli Prime Minister Benjamin Netanyahu announced “both the might of the attacks and the frequency of the attacks will be increased” on Gaza.

U.S President Joe Biden praised the recently announced ceasefire and offered his condolences to families who have lost loved ones.

However, he did not give any details in relation to how the US might stop another bloody conflict from erupting involving its major ally.



IMWS appeal to provide aid for Gaza



The Indian Muslim Welfare Society is appalled at the fatalities in Gaza and the escalation of violence which has injured more than 700 people across the Occupied Palestinian Territory.

Hundreds have been killed in their homes in Gaza. Scores of tiny bodies of children pulled out from the rubble, bombed in their sleep.

IMWS recently launched an emergency appeal to help provide food parcels, Iftar packs and much more to those who have been directly affected by the situation in Gaza.

Therefore, once more, IMWS used their long-term partner, Palestine Welfare House to distribute the much-needed aid during the conflict with Israel.

IMWS Chair, Dr Imtiaz Patel thanked the community for their continued support and donations during Ramadan and all throughout the year.

“In particular, we thank your kind contribution towards our emergency Palestine appeal,” said Dr Patel.

“We have been working very closely with Palestine Welfare House, (PWH) to distribute the donations we collect in Palestine and in particular

Gaza. PWH is also a registered UK charity (No. 1122046). The PWH is also registered with the Palestinian National Authority, ministry of internal and national security (no. 7622).”

Dr Imtiaz also thanked PWH CEO Jomah Al-Najjar, for ensuring aid was provided for those affected by the bombings.

“Brother Jomah Al-Najjar the CEO, he has sent us the registration certificates and we liaise on a daily basis.” Jomah personally overlooks our projects and has given us regular feedback and photos,” said Dr Imtiaz.

IMWS Charity Group Chair, Masoom Bhai Karolia also thanked the community for their helping those in need in Gaza and throughout Palestine.

“We are very grateful to our partners in Palestine who meticulously worked with us on this noble mission at very short notice. It has been very difficult for those in Gaza and throughout Palestine so it is an honour to have been able to help our brothers and sisters and assist them quickly whilst the bombing was still taking place.

“May I take this opportunity to thank our affiliated Masjids including Masjid Taqwa, Masjid Quba, Masjid Talha and other neighbouring Masjids. May all your efforts be accepted in the divine court.”

Gaza today remains in ruins. Its rubble streets mean many hospitals have been bombed, and families seen living and eating on the rubble of what once used to be a home have graced our smart phone screens.

Years of conflict has left around 80 per cent of the population dependent on international assistance according to the United Nations.

The appeal is still open, and donations can be made directly at the Al-Hikmah Centre during normal working hours, via the IMWS web site or via our affiliated Masjids.

“Our charity projects are ongoing, so please feel free to inquire directly if you wish to donate,” said Munir Daji of IMWS.

Batley and Spen by-election set for 1st July

The by-election triggered by Tracy Brabin's success in becoming Mayor of West Yorkshire, will ensure the media circus will arrive in Batley and Spen.

Labour leader Keir Starmer is under huge pressure after the party's devastating defeat in the local elections. Losing another seat to the Conservatives will almost certainly ensure the Labour leader's critics will call for him to be removed from his position.

Batley's Muslim vote accounts for 18.8% of the vote which equates to a total of 20,257 potential votes out of a grand figure of 107,899.

Candidates who have announced their intention to stand in the forthcoming by-election include Kym Leadbeater, 45, who chairs the More in Common Batley and Spen community volunteer group which was formed after her sister Jo, who was elected in 2015, was murdered outside a constituency surgery by a far-right extremist a week before the 2016 EU referendum.

Former MP George Galloway has also announced his intention to stand.

Mr Galloway, who was expelled from Labour in 2003, said he is standing as a candidate for his Workers Party of Britain in the poll on 1 July.

The left-wing maverick believes he can put the final nail in the coffin of Starmer's leadership of the Labour party.

His entry into the race has been met with alarm by Labour, who believe the former MP could split the vote and ensure a second consecutive by-election defeat for Starmer.

Galloway, 66, was leader of the Respect party, when he won an unexpected victory over Labour in Bradford West, in a by-election in 2012.

In his video post, filmed at Batley bus station, Mr Galloway said: "If for whatever reason you think that the current leader of the Labour Party needs to be replaced, I'm your man."

A recent survey found Labour's Muslim members do not believe the leadership of the party is able to deal with Islamophobia,

The research, commissioned and conducted by the Labour Muslim Network (LMN), found that 55% of respondents said they do not "trust the leadership of the Labour Party to tackle Islamophobia effectively."

A further 59% of Muslim members and supporters did not feel "well represented by the leadership of the party."

A third of Labour's Muslims, meanwhile, said they have witnessed Islamophobia in Labour first hand - with 48% reporting they did not have confidence in the party's ability to deal with complaints "effectively".

Muslim groups MEND and Friends of Al Aqsa recently demanded an explanation from Starmer, accusing him of discrimination against Muslims after he pulled out of an iftar event following complaints from two pro-Israel organisations.

The leader of Kirklees Council, Councillor Shabbir Pandor who many said would represent the best choice for Batley and head off a Conservative challenge and win the seat decisively for Labour has offered his support to Ms Leadbeater by insisting she is a local champion who can

bring people together to get things done.

"Batley and Spen needs a local champion who can bring people together and get things done. We are lucky to have someone on our doorstep who can do all of these things and more," said Councillor Pandor.

Leadbeater said she has done a great deal of soul-searching and believes she is the best candidate for the town that she loves.

"I would love to represent this extraordinary, vibrant place that I have called home all my life. I am touched that so many people seem to think I would do a good job and I can promise that if they want me I will give my all for Batley and Spen at Westminster."

The Conservatives have selected Ryan Stephenson, a Leeds city councillor and chairman of the West Yorkshire Conservatives, as their candidate.

"My campaign will focus on how Batley and Spen can build back better as we emerge from the COVID-19 pandemic," he said.

"I know it will be a tough battle to win the seat, but I will work non-stop to show I am the best candidate to champion and represent Batley & Spen and I will demonstrate how my plans for the people's priorities will improve lives for families here."

Conservative Party co-chair Amanda Milling said Ryan would be a great MP for Batley & Spen.

"I am very pleased Ryan has been selected as our candidate for this by-election. He has the right plan for the people of Batley & Spen to help the area build back out of the pandemic."

IMWS raise funds for India and Syria

The situation in India is critical. A second wave of COVID-19 has left many hospitals without oxygen supplies or available beds.

The relief effort is facing increasing challenges in Gujarat and across India tens of thousands of people have died. This disaster poses a risk to India's vaccine programme and threatens to increase the spread of Coronavirus within communities.

Hospitals and health centres across India are struggling to cope with the sheer numbers of new cases. Patients in critical conditions are being turned away, many dying at home without access to medical help.

Bearing this in mind, IMWS

have teamed up with Rabetah Ulema Al Islamiyah, Batley to collect Lillah, Zakat and Sadaqah funds for those affected by the crisis.

In total, a sum of £81,000 has been raised for the India appeal along with Mufti Zakaria Akudi along with senior Ulema deciding on where to distribute the funds.

IMWS Chair of the Charity group, Masoom Bhai Karolia said although funds are still filtering through, money collected has been earmarked to be sent to a number of hospitals in India which include: Yashfeen Hospital, Lajpur Hospital, Mulla Hospital (Navsari), Alipore Hospital, Kharod Hospital (Kharod), Himmat Nagar Covid place, Falahi foundation Tadkeshvar hospital, Jambusor

hospital Bharuch, Gardee Hospital, Dabhel.

"Frontline workers are exhausted, and relatives are searching for oxygen cylinders to help treat or comfort their loved ones at home," said Masoom bhai.

"Our priority is to also ease the pressure on the overwhelmed hospitals, and people are protected from harm. The pandemic is at its height in India. Families need urgent help. Our goal is to ensure patients get the life-saving medical supplies and oxygen they need."

Masoom Bhai thanked Rabetah along with IMWS affiliated Masjids for their help and support: "This would not have been possible without the help of Rabetah and the

support of our local Masjids. By working together, we have raised a fantastic amount of money."

Masoom bhai also elaborated upon the Iftar, Sadqatul Fitr and Syria appeals. He said:

"This year we selected Yemen and Somalia to benefit from our Iftar and Sadqatul Fitr appeals.

"In relation to Syria, we have also raised funds. We will also be hoping to provide scholarships to higher education including medical students in Gujarat."

Donations can still be made directly at the Al-Hikmah Centre during normal working hours, by visiting the IMWS web site or by donating in person at one of our affiliated Masjids.



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Indian's warned not to eat cow dung or drink cow urine to fight Covid-19

Doctors in India have warned people against using cow dung and cow urine in order to dispel the myth that they can miraculously defeat the virus.

Medics have been told to look out for signs of mucormycosis in Covid-19 patients following an increase in cases of the fatal disease after two extremist BJP MP's encouraged people to drink cow urine also known as 'gau mutra' and cow dung every day.

BJP MP Pragya Thakur said she drinks cow urine every day and tucks into cow dung and in doing so, she claims she is immune from Coronavirus.

Thakur said: "If we have desi gau mutra (urine from an Indian cow) every day, then it cures lung infection from Covid. I am in deep pain but I take cow urine every day. So now, I don't have to take any medicine against corona and I don't have corona."

She is also adamant that her life has been saved: "Cow urine and cow dung are life-savers."

This is not the first time that a member of the ruling BJP party has claimed that cow urine is effective at preventing and treating Covid-19.

Uttar Pradesh MP Surendra Singh claimed that drinking cow urine had protected him from COVID-19 infection by mixing cow urine with cold water.

However, Thakur and Singh's statements have been derided by Indian doctors at a time when the nation is dealing with the second wave of the COVID-19 pandemic which has pushed the healthcare

infrastructure of the country to its knees.

Experts have repeatedly warned people against using alternative cow urine and cow dung being offered for COVID-19 treatment.

The Indian Medical Association (IMA) had stated that there was no scientific evidence that showed that cow dung or urine is effective against coronavirus.

"There is no concrete scientific evidence that cow dung or urine boosts immunity against COVID-19," said the head of the IMA, Dr JA Jayalal.

In Gujarat, some people have been going to cow shelters once a week to cover their bodies in cow dung and urine in the hope it will boost their immunity or help them recover from the disease.

In addition, schools such as the Shree Swaminarayan Gurukul Vishwavidya Pratishtanam, which is run by Hindu monks near Ahmedabad, have been welcoming patients who have undergone cow dung 'therapy'.

The shelter is adjacent to pharmaceutical company Zydus Cadila, which is developing its own COVID-19 vaccine.

Participants are said to wait for the dung and urine mixture on their bodies to dry, they then reportedly hug or honour the cows at the shelter, and practice yoga to boost energy levels.

The packs are then washed off with milk or buttermilk. Gautam Manilal Borisa, a frequent visitor, reportedly told journalists that bathing in cow dung had cured him of Covid when he caught the virus last year.

"Even doctors come here. Their belief is that this therapy improves their immunity and they can go and tend to patients with no fear," he said.

Gujarat is said to have recorded many cases of mucormycosis, according to media reports, along with Maharashtra and Mumbai.

Mucormycosis can lead to blackening or discolouration over the nose, blurred or double vision, chest pain, breathing difficulties and coughing blood.

It is strongly linked to diabetes, which can in turn be made worse by steroids, such as dexamethasone, which is used to treat severe Covid-19.

Doctors in India treating COVID patients and those with diabetes and compromised immune systems have been told to watch for early symptoms.

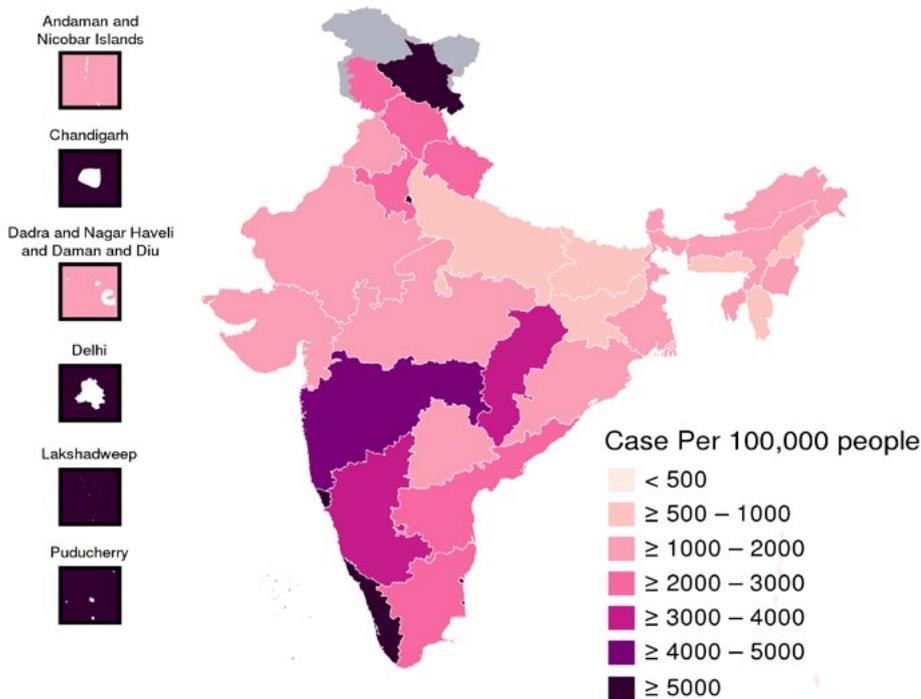
These include sinus pain or nasal blockage on one side of the face, one-sided headaches, swelling or numbness, toothache and loosening of teeth.

India has the world's highest daily average number of new COVID deaths - accounting for one in every three fatalities reported worldwide each day.

Nearly 23 million coronavirus infections have been recorded in the country, with almost 250,000 deaths. However, the figure is expected to increase.

The World Health Organisation (WHO) said the COVID variant first identified in India last year is being classified as a variant of global concern, with some preliminary studies showing that it spreads more easily.

UK Government: Indian Covid variant a cause for concern



A variant of the Covid-19 virus first discovered in India is responsible for a spike in cases in certain parts of the UK.

Speaking to journalists, Prime Minister Boris Johnson referred to evidence suggesting the variant, which is also known as B.1.617.2., is more transmissible than the Kent variant. This is because the government's scientific advisers point to the way the variant has outstripped the Kent variant in affected areas, suggesting it is spread rather quickly and this is what has caused the government a great deal of concern.

He said the nature of the variant could pose "serious disruption" to the removal of the remaining restrictions in June.

If the Indian variant proves to be "significantly more transmissible" than other strains then "we're likely to face some hard choices" in the UK said Mr Johnson.

The PM also announced that second jabs for all over-50s in England are now being brought forward. Second doses will also be administered eight weeks after the first, as opposed to 11-12 weeks.

England's Chief Medical Officer Prof Chris Whitty also confirmed that the Indian variant is of particular concern.

He said: "We expect, over time, this variant to overtake and come to dominate in the UK."

Health Secretary, Matt Hancock, said thousands cases of the Covid-19 Indian variant have now been recorded, having stood at more than 2,300 previously.

"What this means in practice is we are putting in place more testing and more testing sites," Mr Hancock said.

"On vaccinations, we are making more vaccinations available to everyone who is eligible."

Surge testing is being deployed in some areas, including Bolton and Blackburn, to identify infections - but it may not be stopping the spread. Over-18s have been given the green light to book a Covid jab in those parts of Lancashire after the variant was found there.

However, the Covid-19 variant has also been identified in Bedford, Chelmsford and Canterbury, Croydon, Hounslow and Hillingdon.

In parts of the country with a lower level of cases, such as Yorkshire and the south-west, the majority of infections have been confined to people returning from India.

Tellingly, in the North West, which is most affected, only 7.5% of cases were in people who had travelled, showing the virus had spread further into the community. It has been claimed that the variant, which is more infectious and equally dangerous, will lead to more deaths in an unvaccinated population.

However, pointing to comments from Boris Johnson that there is "there is increasing confidence" that the current vaccines will be effective against all variants, Mr Hancock said: "That means our strategy is the right one - to carefully replace the restrictions on freedom with the protection from the vaccine. What it means is that it is even more important that people get vaccinated."

Professor John Edmunds, of the London School of Hygiene and Tropical Medicine, has said the spread of the variant could not have been stopped, only delayed "a little bit."

Professor Mark Woolhouse, an expert in infectious diseases, at Edinburgh University, agrees. He said: "This situation was entirely expected. In six months' time I'm sure we will be talking about another variant."

Play area revamped with help from Kirklees council

A play area situated within the grounds of the Al Hikmah Centre has been refurbished with help from Kirklees Council.

Money was donated towards upgrading the children's play area via the NHB Grants with the support of Kirklees Council.

The existing play area was becoming unsafe and the IMWS Executive Committee were keen to improve the park for the increasing number of children expected to attend in the coming weeks and months ahead.

To complete the work safely, the playground was closed for a short period of time. However, the installation of fully permeable safety surfacing and new equipment including swings is now complete.

IMWS General Manager Nadeem Raja thanked Kirklees Council for their support with the project.

Mr Raja said: "It is always great to see schemes supported by Kirklees Council complete and being utilised.

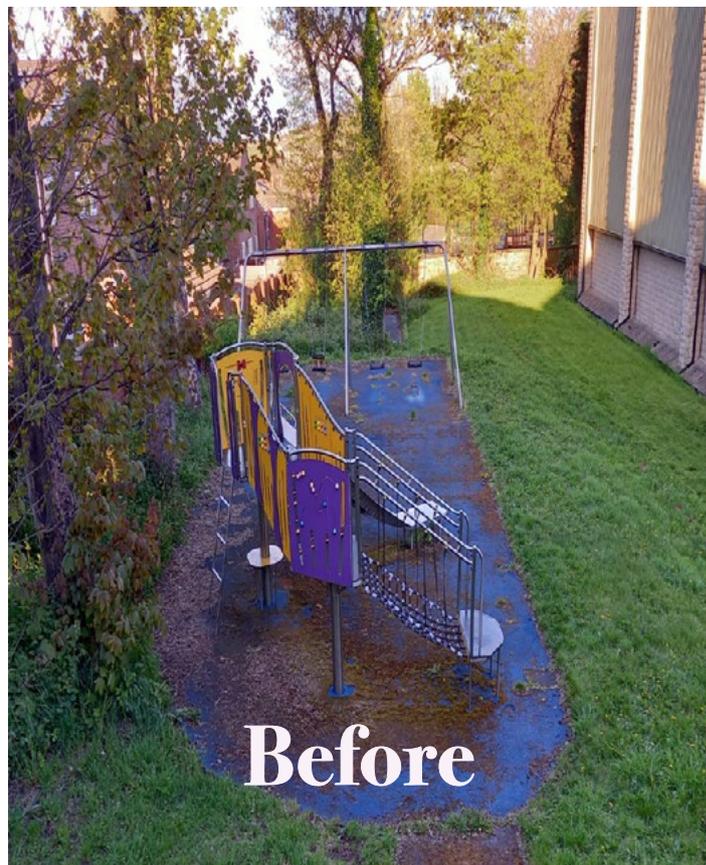
"The benefits of the play area to the community are much appreciated. However, the end result will be judged by the level of laughter and noise

emanating from the play area!

"Once again our sincere thanks to Kirklees Council for their part in supporting the refurbishment of this exciting recreational facility."

IMWS Chair Dr Imtiyaz Patel, said: "This is really good news for many children and families in the area who will benefit from the upgraded playground equipment whilst they are at the centre attending events or weddings.

"Improving these sorts of facilities when we are seeing renewed benefits of spending time outdoors is fantastic timing. I'm very much looking forward to seeing the upgraded area."



Batley Multi Academy Trust: Blasphemous Image will not be used again

An investigation into the use of a caricature of the Prophet (pbuh) at Batley Grammar School has established that lessons on blasphemy could have been effectively addressed without using the image.

In addition, the teacher who showed the image has had his suspension overturned and he will now be allowed to return to school.

The investigation commissioned by the Batley Multi Academy Trust was launched after complaints that a provocative image of the Prophet (pbuh) was used as a teaching resource in a Year 9 Religious Studies lesson on March 22.

The investigation said: “The independent investigation has concluded and the Trust has accepted that the teaching staff who developed and delivered the lesson genuinely believed that using the image had an educational purpose and benefit, and that it was not used with the intention of causing offence.

“The image was included to initiate a discussion about the meaning of ‘blasphemy’. Nevertheless, the Trust recognises that using the image did cause deep offence to a number of students,

parents and members of our school community. The Trust deeply regrets the distress this has caused. The Trust also considers that the topics covered by the lesson could have been effectively addressed in other ways and without using the image.”

According to the investigation, the image was used on more than one previous occasion and was not included in the formal scheme overview.

“All Trust teachers must exercise appropriate professional judgement when selecting materials to supplement schemes of work for use in lessons,” the investigation said.

“Clearly, where subject content is sensitive or controversial, great care must be taken to ensure that lessons are planned and delivered in a way that promotes respect and tolerance between people of different faiths, beliefs and values. The Trust considers that its lesson planning processes could have facilitated a more holistic approach to the selection of teaching aids.”

“In the light of the above, and in respect of the views of our school community the Trust is clear that it is not necessary for staff to use the material in question to deliver the learning outcomes on the

subject of blasphemy; or any such images of the type used on 22 March for use in any Trust RS lessons, or any other lessons.”

The Trust added that it would now:

Ensure that the selection of teaching aids is subject to more rigorous monitoring and give additional guidance and training to teaching staff to help them to take full account of the needs of different student cohorts and their contexts when planning the delivery of lessons.

Reacting to the investigation, in a statement released to Paigaam, the Batley Parents and Community Partnership said the rationale behind some of the findings had a lot to be desired.

“Our understanding was that a community representative was to play an active role in the investigation and the drafting of the final report which unfortunately did not transpire,” read the statement.

“Prior to the completion of the investigation process, we communicated to the investigator that he should meet with the parents, children and key members of the BPCP to better understand the incident. Therefore, we require clarity on how the investigator has come to these findings. Due to this omission, key points have been missed.”



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V N L D Q B U C Z E E C W I U O C G Z Z
J T J J A I K O S J R U L C J S B Z J Q
N V M S I A K N C U U V V Q C G P B U G
G R L E H L K S S M C M B K E S C T E G
V F M T E A M A R A H I A W G F O X P K
E K I D M W W J A A F N F A F V T L X G
U A C R J W H W J D M A B D D I P T F J
P X F D E A L J A A Z A R Z I A T P R X
H Z G X L L I B B L D C D B G D L X O I
J B B S J H G A Y U I A R A O Z Y U G M
G M M Z L M A B X K K E R C N G N Q L C
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B E H V P Z Q X H R B I H E R O S E U K
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P X R K Y Q L J O V B J U P M N H C Z Z
I U R Y F X D H U L Q A D A H N K T J I
L R A B I A T H T H A A N I R W N M G C
G J M L B L C J B Y N P T T H N R L H K

DHULHIJAH	DHULQADAH	JUMAADALUKHRA	JUMAADALULA
MUHARRAM	RABIALAWWAL	RABIATHTHAANI	RAJAB
RAMADAN	SAFAR	SHABAN	SHAWWAL

What will be the spoken language in paradise?	
What is the meaning of Da'wah?	
What is the most crucial quality in the success of the spread of Islam?	
What is the name of the voluntary prayer done only during the nights of the month of Ramadhaan?	
What is the term for the breaking of the Fast?	
What is the term for the pre-dawn meal taken before fasting?	
What was the first thing the prophet (pbuh) did when he woke up?	

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Address: _____

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Date: _____

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Brain Teasers

Riddle 1: What has one eye, but can't see?

Riddle 2: What has hands, but can't clap?

Riddle 3: What has legs, but doesn't walk?

Riddle 4: What has one head, one foot and four legs?

Riddle 5: What can you catch, but not throw?

Riddle 6: What has many teeth, but can't bite?

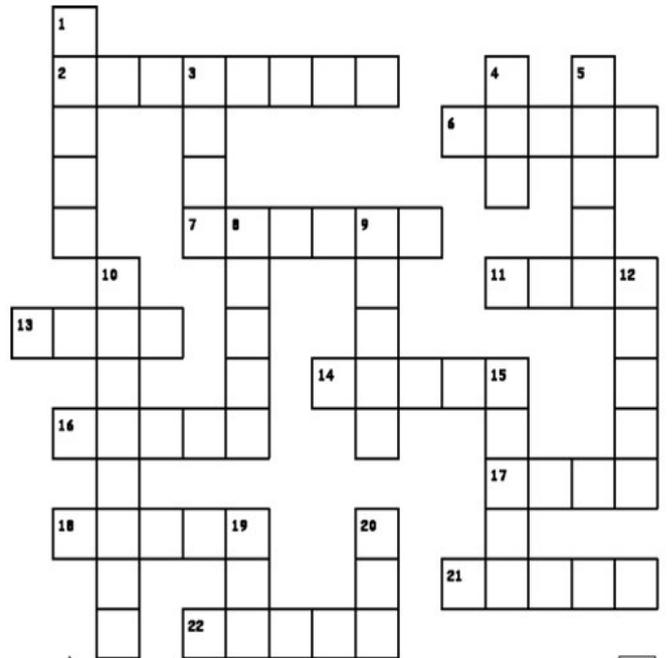
Riddle 7: What is cut on a table, but is never eaten?

Riddle 8: What has words, but never speaks?

Riddle 9: What runs all around a backyard, yet never moves?

Riddle 10: What can travel all around the world without leaving its corner?

Riddle 11: What has a thumb and four fingers, but is not a hand?



CROSSWORD CLUES

- | | |
|--|---|
| 2. The first pillar of Islam. | 1. The religion of the Muslims. |
| 6. Prophet _____ was thrown in the well. | 3. The duty to be performed once in a lifetime. |
| 7. The Friday prayer. | 4. This creation of God gives us heat and light. |
| 11. The Lion is the _____ of the jungle. | 5. A guide to mankind. |
| 13. The _____ leads the prayer. | 8. A small version of Hajj and can be performed at anytime. |
| 14. The third pillar of Islam. | 9. A call made five times a day before Salah. |
| 16. The pillar performed five times daily. | 10. We fast during this month. |
| 17. God gave us this _____ as a test. | 12. The Qur'an is a _____ from _____ for all of mankind. |
| 18. Cloth worn during Hajj. | 15. We must always eat _____ food. |
| 21. The creator of the stars. | 19. Adam was the first _____. |
| 22. Musa's staff turned into a _____. | 20. Adam _____ from the tree. |

Answers

1. Answer: A needle
 2. Answer: A clock
 3. Answer: A table
 4. Answer: A bed
 5. Answer: A cold
 6. Answer: A comb
 7. Answer: A deck
 8. Answer: A book
 9. Answer: A fence
 10. Answer: A stamp
 11. Answer: A glove
 12. Answer: A revelation
 13. The Imam
 14. Zakat
 15. Halal
 16. Salah
 17. The Kaaba
 18. Ihram
 19. Adam
 20. Came
 21. Allah
 22. A serpent



‘Day of giving’ raises £16,000 for Gaza

A Batley based diner and takeaway has raised over £16,000 for the IMWS Gaza appeal in the most unique way.

Mohammed Nasser, Salim bhai Lunat (Gul) and Imran Laher of Dixxy Express in Batley wanted to show that they “stand in solidarity with the plight of the courageous Palestinians,” by donating an entire day of takings to IMWS as part of their ‘Day of giving’ initiative.

The food outlet donated all proceeds from orders made between the hours of 11:30 AM to 11:30 pm on Thursday, 27th May to the charity.

The vast amount of money was raised after loyal customers purchased Supreme Sizzler burgers, Pizza’s, wraps and much more to help the long suffering Palestinians.

Dixxy Chicken’s Mohammed Nasser admits he has been overwhelmed by the sight of long queues of people patiently waiting to order their food.

“We were thrilled with the amount of people who turned out to help our brothers and sisters in Palestine,” said Nasser.

“The support has been phenomenal. We urged customers to keep spending and thanks to them we have donated a vast amount of money for the people of Gaza. It’s great to be able to make a little bit of difference and I can’t thank our customers enough. We decided to have a one hundred percent donation policy because we know IMWS work with a reputable organisation who will ensure every penny donated will go towards those in need.

“I would also like to thank IMWS for working with us along with all the staff and volunteers who helped out on the day.”

IMWS Charity worker Munir Daji said: “It is good to know that out of the sadness of the bombing of Gaza, we have helped in a small way to help alleviate some of their suffering and hopefully bring a smile to the faces of children who have been affected.”

IMWS Chair, Dr Imtiyaz Patel said respected Ulema, celebrities

including boxer Qais Ashfaq along with parliamentary candidates vying for for the Batley and Spenningsdale seat also visited Dixxy to show their support.

“The people of Batley, Dewsbury and beyond have continuously showed their support their support for the people of Palestine. However, to have raised £16,000 in a day is phenomenal. May I take this opportunity to thank the community for their support and to Dixxy Chicken for supporting such a noble cause.”

The event was concluded with a dua which was made by Mufti Mohammed Amin Pandor.



Report: The Conservative Party has an ‘Islamophobia problem’

A report by Professor Swaran Singh, who has served as a commissioner for the UK’s Equality and Human Rights Commission, found that the Conservative party has an ‘Islamophobia problem’.

The report found that the most discrimination within the party relates to that of an anti-Muslim nature.

The inquiry reported that two-thirds of

all complaints made to the party between 2015 and 2020 were in relation to allegations of anti-Muslim prejudice, the majority through social media.

Singh, who analysed 1,418 complaints relating to 727 separate incidents as recorded in the Tories’ complaints database between 2015 and 2020, wrote in his 51-page report: “Judging by the extent of complaints and findings of misconduct by the party itself that relate to anti-Muslim words and conduct, anti-Muslim

sentiment remains a problem within the party,” Singh.

“This is damaging to the party and alienates a significant section of society, he said.

Singh insists the report “should make for uncomfortable reading for the party” and advised the party to reform its complaints process: “I hope the party will fully accept our recommendations and implement the changes needed in a timely manner.”

What is Perinatal Mental Health?



Up to 1 in 5 women develop mental health difficulties during pregnancy or within a year of giving birth. Depression and Anxiety are the most common difficulties.

Mothers may have episodes called psychosis with muddled thinking with beliefs that may not be real, stress and mood fluctuations. If these episodes of psychosis happen immediately after baby delivery then mothers need urgent assessment from professionals to consider immediate support and treatment as otherwise they may get worse and increase the risks.

Many women may not seek help due to which they go untreated and they struggle with mental health for a longer time than needed. Some of the reasons for hiding their difficulties are the stigma of mental illness, wanting to be a good mother, fear that the child might be taken away or they don't recognise that they are unwell.

Mental illness can affect day to day

functioning, relationships with family members and children. The nature of mental illness is such that, people can have good days and bad days with symptoms and it is important to recognise this.

The person and the family members should try to seek help as early as possible to reduce the risk of worsening symptoms and to have a better chance of getting better quickly with timely and early help.

If the mother had mental illness before becoming pregnant and taking medication, then she may be at a higher risk of becoming unwell during pregnancy or after delivery and they should consider continuing medication and not stop it suddenly as stopping medication itself can increase the risk of becoming unwell.

Most of the medications used for mental illness are relatively safe to take during pregnancy and it may be helpful to speak to GP or the Psychiatrist for advice on medication.

With early help, appropriate support

and monitoring of mental health, there is a better chance of mothers remaining well or getting better quickly if they have mental health difficulties. Family members play an important role in identifying the difficulties early and supporting mothers appropriately by seeking help earlier rather than later.

"I didn't understand what was happening to me and I was worried people would think I was a bad mother if I asked for help. Asking for help was the first step to getting myself back and I would encourage any new mum who is struggling to speak to their midwife, Health visitor or GP as help is available"

A number of professionals and services offer help and support during pregnancy and early parenthood to help mother's stay as well as possible and help them to manage their illness.

Mother's can speak to their midwives or Health visitors who can offer visits to support mother's mental health. Children's centres have mother and baby groups and drop-in sessions. GP's can provide information, advice on medication or refer to appropriate services.

If there are significant mental health difficulties, then mother's can be referred to our Community Perinatal Psychiatry team for support and follow-up.

Mother's can also do things to keep themselves well and reduce the risk of becoming unwell in mental health like eating a healthy balanced diet, sleeping well, engage in activities that they enjoy which would improve their mood, preferably stop smoking and drinking alcohol, consider mindfulness meditation, take help of family members when needed, discuss any worries with family members, midwife, GP or health visitor.

In summary, mental health difficulties during pregnancy and after delivery is quite common (up to 1 in 5 mothers) and seeking early help can make a significant difference to mother's, their children and family members.

Dr Umesh Gowda Consultant Psychiatrist

પેરિનેટલ માનસિક સ્વાસ્થ્ય શું છે?

□ ડૉ. ઉમેશ ગૌડા, સલાહકાર મનોચિકિત્સક

૫ માંથી ૧ મહિલાઓ ગર્ભાવસ્થા દરમિયાન અથવા બાળકને જન્મ આપ્યાના એક વર્ષમાં માનસિક સ્વાસ્થ્યની મુશ્કેલીઓ વિકસાવે છે. હતાશા અને ચિંતા એ સૌથી સામાન્ય મુશ્કેલીઓ છે. માતાઓને અસ્પષ્ટ, પરેશાન કરે તેવા મનોવિકૃતિ તરીકે ઓળખાતા એપિસોડ્સ અર્થાત સમયગાળાઓનો અનુભવ થઈ શકે છે. જો મનોવિકૃતિના આ એપિસોડ્સ બેબી ડિલિવરી પછી તરત જ થાય તો માતાઓને તાત્કાલિક સહાય અને સારવાર બાબત વિચાર કરવા માટે વ્યાવસાયિકો પાસેથી તાત્કાલિક મૂલ્યાંકનની જરૂર હોય છે કારણ કે નહિતર આ એપિસોડ્સ વધુ ખરાબ થઈ શકે છે અને જોખમોમાં વધારો કરી શકે છે. ઘણી સ્ત્રીઓ મદદ ન પણ મેળવે જેના કારણે તેમને સારવાર મળતી નથી અને તેઓ જરૂરિયાત કરતાં લાંબા સમય સુધી માનસિક સ્વાસ્થ્ય સાથે સંઘર્ષ કરે છે. માનસિક બીમારીનું કલંક, સારી માતા બનવાની ઇચ્છા, બાળકને તેમની પાસેથી લઈ જવામાં આવે એ વાતનો ડર જેવાં કેટલાક કારણોને લીધે માતાઓ તેમની મુશ્કેલીઓને છુપાવતી હોઈ શકે છે.

માનસિક બીમારી રોજબરોજની કામગીરી, પરિવારના સભ્યો અને બાળકો સાથેના સંબંધોને અસર કરી શકે છે. આને કારણે માતા અને પરિવારના સભ્યોએ લક્ષણો વધુ ખરાબ થવાના જોખમને ઘટાડવા અને ઝડપથી સારા થવાની બહેતર તક મેળવવા શક્ય તેટલી વહેલી તકે મદદ લેવાનો પ્રયાસ કરવો જોઈએ.

જો માતાને ગર્ભવતી થતાં અને દવા લેતા પહેલા માનસિક બીમારી હોય, તો તેણી માટે ગર્ભાવસ્થા દરમિયાન અથવા ડિલિવરી પછી અસ્વસ્થ થવાનું જોખમ વધુ હોઈ શકે છે અને તેમણે દવા ચાલુ રાખવાનું વિચારવું જોઈએ અને તેને અચાનક બંધ ન કરવું જોઈએ કારણ કે દવા બંધ કરવાથી જ અસ્વસ્થ થવાનું જોખમ વધી શકે છે. માનસિક બીમારી માટે વપરાતી મોટાભાગની દવાઓ ગર્ભાવસ્થા દરમિયાન લેવા માટે પ્રમાણમાં સલામત હોય છે અને દવા અંગે સલાહ માટે જીપી અથવા મનોચિકિત્સક સાથે વાત કરવી મદદરૂપ થઈ શકે છે.

એક માતાના શબ્દોમાં: “મને સમજાતું નહોતું કે મારી સાથે શું થઈ રહ્યું છે અને મને ચિંતા હતી કે જો હું મદદ માંગું તો લોકો વિચારશે કે હું ખરાબ માતા છું. મદદ માંગવી એ સ્વસ્થતા મેળવવાનું પહેલું પગલું હતું અને હું આ બાબતમાં મથામણ અનુભવતી કોઈ પણ નવી માતાને તેમની મિડવાઇફ, હેલ્થ વિઝિટર અથવા જીપી સાથે વાત કરવા માટે જરૂર પ્રોત્સાહિત કરીશ”

મિડવાઇફ, હેલ્થ વિઝિટર, જીપી, કોમ્યુનિટી પેરિનેટલ સાઇકિયાટ્રી ટીમ જેવા સંખ્યાબંધ વ્યાવસાયિકો અને બાળકોના કેન્દ્રો, મધર અને બેબી ગ્રુપો જેવી કેટલીયે સેવાઓ ગર્ભાવસ્થા અને પ્રારંભિક માનુષ્ય-પિતૃત્વ દરમિયાન માતાઓને મદદ અને ટેકો આપે છે.

માતાઓએ પોતે સ્વસ્થ રહેવા અને માનસિક સ્વાસ્થ્ય બગાડવાના જોખમને ઘટાડવા તંદુરસ્ત સંતુલિત આહાર લેવો, સારી રીતે સૂવું, તેમનો મૂડ સુધારે એવી પ્રવૃત્તિઓમાં વ્યસ્ત રહેવું અને ખાસ કરીને ધૂમ્રપાન અને દારૂ પીવાનું બંધ કરવું હિતાવહ હોય છે. માઇન્ડફુલનેસ મેડિટેશન ધ્યાનમાં લો, જરૂર પડે ત્યારે પરિવારના સભ્યોની મદદ લો, પરિવારના સભ્યો, મિડવાઇફ, જીપી અથવા હેલ્થ વિઝિટર સાથે કોઈ પણ ચિંતા હોય તો તેની ચર્ચા કરો.

સારાંશમાં, ગર્ભાવસ્થા દરમિયાન અને ડિલિવરી પછી માનસિક સ્વાસ્થ્યની મુશ્કેલીઓ એકદમ સામાન્ય છે (5 માંથી 1 માતાઓમાં) અને પ્રારંભિક મદદ માંગવાથી માતા, તેમના બાળકો અને પરિવારના સભ્યોમાં નોંધપાત્ર ફરક પડી શકે છે.



The average cost of depression after a woman has given birth is around **£74,000**, of which **£23,000** relates to the mother and **£51,000** relates to impacts on the child



20%

of women will experience a mental health issue at some point during the perinatal period

ماہر نفسیات ڈاکٹر امیش گودا کے مطابق والدین کی ذہنی صحت کیا ہے؟

ہر پانچ میں سے ایک خاتون کو حمل کے دوران یا بچے کی پیدائش کے ایک سال کے اندر ذہنی امراض کے مسائل پیدا ہو جاتے ہیں۔ ذہنی دباؤ یا اضطراب دو عام امراض ہیں۔ ہو سکتا ہے کہ ماؤں کو سائیکوسس کے دورے پڑتے ہوں، اس ابہام کے ساتھ کہ یہ حقیقی نہیں ہیں۔ اس کے علاوہ مزاج اور دباؤ کا اونپر نیچے ہونا شامل ہے۔ اگر ماؤں کو بچے کی پیدائش کے فوری بعد سائیکوسس کے دورے پڑنا شروع ہو جائیں تو ان کو جلد از جلد تشخیص اور علاج معالجہ کے لئے کسی ماہر کے ساتھ رابطہ کرنا چاہیے ورنہ بیماری کے بگڑ جانے کے خدشات ہوتے ہیں۔ ہو سکتا ہے کہ بہت سی خواتین مدد لینے کی کوشش نہ کریں جس کی وجہ سے ان کی ذہنی بیماری بگڑ جاتی ہے اور ٹھیک ہونے میں زیادہ وقت درکار ہوتا ہے۔ ان مشکلات کو چھپانے کی بہت ساری وجوہات ہوتی ہیں جن میں اس ذہنی بیماری کو ایک دھبہ سمجھنا، ایک اچھی ماں بننے کی خواہش رکھنا، بچے چھن جانے کا خوف یا ان کو اس بات کا احساس ہی نہیں کہ وہ ٹھیک نہیں ہیں۔ ذہنی بیماری سے آپ کے روزمرہ کے معمولات متاثر ہونے کے ساتھ ساتھ آپ کے خاندان اور بچوں کے ساتھ تعلقات بھی متاثر ہو سکتے ہیں۔ ذہنی بیماری کی علامات ایسی ہیں کہ اس کے دوران لوگوں کے کچھ اچھے دن اور کچھ برے دن ہو سکتے ہیں اس لئے اس بیماری کو پہچاننا بہت ضروری ہے۔ اس شخص کو یا خاندان کے دیگر افراد کو جتنی جلدی ممکن ہو علاج کے لئے رابطہ کرنا چاہیے تاکہ اس بیماری کے بگڑنے سے بچایا جاسکے اور بروقت مدد اور علاج سے اپنی زندگی کو بہتر بنانے کے امکان بڑھ جاتے ہیں۔ اگر حاملہ ہونے سے پہلے ذہنی مریض ہے اور کوئی دوائی لے رہی ہے تو اس کے حمل کے دوران یا بچے کی پیدائش کے بعد اس کے بیمار ہونے کے خدشات اور بڑھ جاتے ہیں اور ان کو دوائی لینا فوری طور پر بند نہیں کرنا چاہیے کیونکہ ایسا کرنے سے بیماری بگڑ جانے کے خطرات موجود ہوتے ہیں۔ ذہنی بیماری کے لئے جو ادویات استعمال کی جاتی ہیں وہ حمل کے

دوران نسبتاً محفوظ ہوتی ہیں اور اپنے جی پی ڈاکٹر یا ماہر نفسیات سے مشورہ کرنا مفید ثابت ہو سکتا ہے۔ جلدی مدد، مناسب حمایت اور نگرانی سے ذہنی امراض کے شکار افراد کے صحت مند رہنے یا جلد ٹھیک ہونے کے امکان بڑھ جاتے ہیں۔ خاندان کے افراد اگر فوری طور پر مدد کے لئے رابطہ کریں تو اس بیماری کی جلد تشخیص میں اہم کردار ادا کر سکتے ہیں۔ یہ ماؤں کی بہت بڑی مدد ہوگی۔

"مجھے اس بات کی سمجھ ہی نہیں آئی کہ میرے ساتھ کیا ہوا اور میں اس بات سے خائف تھی کہ اگر مدد کے لئے کسی کے پاس جاؤں گی تو لوگ سمجھیں گے کہ میں کتنی بری ماں ہوں۔ مدد کے لئے جانا بہتری کی جانب پہلا قدم ہے اور میں ہر نئی ماں کی حوصلہ افزائی کرتی ہوں کہ وہ ضرور مدد وائف، ہیلتھ وزٹریا جی پی کے ساتھ رابطہ کرے کیونکہ وہ مدد کر سکتے ہیں" بہت سے ماہرین اور ادارے حمل کے دوران یا جلدی ماں بننے پر مدد کے لئے موجود ہیں تاکہ جتنا ممکن ہو ان کو صحت مند رکھا جاسکے اور بیماری پر قابو پایا جاسکے۔ مائیں اپنی مدد وائف کے ساتھ یا ہیلتھ وزٹریا کے ساتھ بات کر سکتی ہیں جو کہ ماؤں کی ذہنی بیمارے کی مدد کے لئے آتی ہیں۔ چلڈرن سنٹر میں ماؤں اور بچوں کے لئے ڈارپ ان سیشن ہوتے ہیں۔ جی پی آپ کو دوائی کے لئے معلومات فراہم کرنے کے ساتھ ساتھ آپ کو متعلقہ ادارے کو بھی رجوع کروا سکتا ہے۔ اگر ذہنی بیماری میں خاطر خواہ مشکلات ہوں تو مائیں ہماری کمیونٹی جیری نائل نفسیات کی ٹیم کے ساتھ رابطہ کر سکتی ہیں۔ مائیں اپنے آپ کو بہتر رکھنے اور بیماری کے خطرات سے بچنے کے لئے بہت سارے اقدام کر سکتی ہیں جن میں صحت مند اور مناسب خوراک، مناسب نیند، ایسی مصروفیات جن سے ان کو خوشی ملتی ہو، اور خاص طور سگریٹ اور شراب نوشی سے پرہیز، مراقبہ میں جانا، خاندان کے افراد سے ضرورت کے وقت مدد لینا، خاندان کے افراد، مدد وائف جی پی اور ہیلتھ ویزیٹر سے اپنے مسائل کا ذکر کرنا، شامل ہے۔ مختصراً ذہنی صحت میں مسائل حمل کے دوران یا بچے کی پیدائش کے بعد عام ہیں۔ پانچ میں سے ایک خاتون۔ مدد کے لئے فوری طور پر رابطہ کرنے سے ماؤں، ان کے بچوں اور خاندان کے دیگر افراد نمایاں فرق لاسکتی ہے۔

અમલ પ્રેરક સંદેશ

-મહંમદ યુસુફ સુફી લાજપુરી, બાટલી.

બે માણસો એક બુઝુર્ગની ખાનકાહમાં બયત થવા માટે ગયા. જ્યારે ગામડામાંથી આવેલા તે બન્ને માણસ શેખની ખાનકાહમાં પહોંચ્યા તે સમયે શેખ બીજા માણસોને બયત કરી શરીરતની સલાહ સુચન આપી રહ્યા હતા. શેખના ખાદીમે તે બન્ને માણસોને ત્યાં એક હોઝ હતો જ્યાં વુઝુ કરવામાં આવે છે તેના પાસે બેસવા માટે કહ્યું.

આ બન્ને માણસ જેમને ઈન્તેઝાર માટે બેસવા માટે કહ્યું હતું તેઓ આપસમાં વાતોમાં લાગી ગયા. એક કહે છે કે, આ હોઝ આપણા ગામની મસ્જિદના હોઝથી નાનો છે, જ્યારે બીજો કહે છે કે, ના આ હોઝ આપણી મસ્જિદના હોઝથી મોટો છે. એક કહે નાનો છે જ્યારે બીજો કહે મોટો છે. બન્ને આજ વાતોમાં લાગી રહ્યા. અહીં શેખ પણ એઓની આ વાતને સાંભળી રહ્યા હતા. જ્યારે એ બન્નેને બયત માટે બોલાવવામાં આવ્યા ત્યારે તેઓ ખાનકાહમાં સલામ કરી દાખલ થયા.

શેખ પૂછે છે, શું કામ માટે આવવાનું થયું. એઓ કહે છે કે, હઝરત! અમે બયત થવા માટે આવ્યા છે. અમે બન્નેને આપ બયત કરી લ્યો. શેખ એ બન્નેને કહે છે કે, પ્રથમ તમે બન્ને પોતાના ગામની મસ્જિદના હોઝની માપણી કરીને આવો કે હોઝ કેટલી મોટી છે. જરા બરાબર રીતે માપણી કરજો. આ સમયે બન્નેને પોતાની ભૂલનો એહસાસ થયો. બન્ને તરત જ બોલ્યા કે, હઝરત! અમોને માફ કરો, અમારી ભૂલ થઈ ગઈ છે.

શેખ એ બતાવવા અને સમજાવવા ચાહતા હતા કે, જે વાતનો ન તો દુનિયામાં કોઈ ફાયદો ન આપીરતમાં છે, તમો તેવી ફૂઝુલ અને બેકાર વાતોમાં લાગી ગયા. જ્યારે તે બન્નેએ પોતાની ભૂલની માફી માંગી લીધી અને જણાવ્યું કે ખરેખર અમે જ્યારે બયતના ઈન્તેઝારમાં બેઠેલા હતા ત્યારે બયત વિષે અને બયત થયા પછી શેખને શું પૂછવાનું છે અને શેખ જે કહે તે ધ્યાનથી સાંભળવાનું છે એ ચર્ચા કરવી જોઈતી હતી જેના બદલે ફૂઝુલ વાતોમાં સમય પસાર કરી રહ્યા હતા.

શેખે ત્યારપછી એ બન્નેને ઘણીજ શફકત અને મોહબ્બતના સાથે બયત કરી લીધા. તે બન્ને ખુશી ખુશી શેખના મુરીદ બની પોતાના ગામમાં ગયા. તે બન્નેના જીવનમાં ઘણુંજ પરિવર્તન આવ્યું. બયત થવાથી ઘણાં ફાયદાઓ અને બરકત હાંસિલ થાય છે.

ઉપરોક્ત વાતથી આપણને ઘણાં સબકો મળે છે. તે પૈકી એક આપણે પોતાના કિમતી જીવનમાં કેટલો કિમતી સમય બેકાર અને ફૂઝુલ વાતોમાં બર્બાદ કરી રહ્યા હોય છે. કોઈ અગત્યના કામ કરવા પહેલાં તે જ કામ વિષે ચર્ચા કરવી જોઈએ.

અગર કોઈ જગ્યાએ આપણી ભૂલ થતી હોય અને તે ભૂલ વિષે કોઈ આપણને બતાવે કે આપણું ધ્યાન દોરે તે આપણી ભૂલને સ્વીકારવી જોઈએ. ભૂલને કબુલ કરી લેવું જોઈએ અને તે પ્રમાણે આગળ કાર્યવાહી કરવું જોઈએ. ગામમાં રહેતા બન્ને સામાન્ય માણસને કોઈ શેખ પાસે જઈ પોતાની ઈસ્લાહ માટે બયત થવાનો

વિચાર આવ્યો એ જાણી આજના ભણેલા ગણેલા માણસોએ પણ આ વિશે વિચાર કરવું જોઈએ કે જ્યારે સામાન્ય માણસ પણ કોઈ શેખથી બયત થવાને જરૂરી સમજે છે તો એના ઉપર જરૂરથી ચિંતન કરી એના મહત્વતા ઉપર ધ્યાન આપવું જોઈએ. આજના ઉલ્માઓએ પણ મદ્રેસામાં હાંસિલ કરેલા ઈલ્મ પર અમલ કરવા કોઈ શેખના હાથ પર બયત થવાને કેટલી અગત્યતા આપવી જોઈએ એ સબક પણ અહીં મળે છે.

જ્યારે એક ગામમાં રહેતા બે સામાન્ય માણસો પણ કોઈ નેક દિલ ફિકરમંદ શેખથી બયત થઈ શરિઅતના માર્ગદર્શન અને શેખના બતાવેલા દીની સલાહ સૂચનો તથા એ વિષયના સુન્નત પર અમલ કરીને પોતાના જીવનમાં પરિવર્તન લાવી શકે છે એ આપણે બધાએ વિચારવું જોઈએ અને તેના ઉપર શાંત મને ચિંતન મનન કરવું જોઈએ.

અંતમાં થોડી ચર્ચા બયત વિષે:

પ્રિય વાંચકો! એ પણ યાદ રાખવું જરૂરી છે કે, કોઈ શેખથી બયત થવું એ ફરજ કે વાજિબ તો નથી. પરંતુ બરકતથી ખાલી પણ નથી. આજના ફિતનાના યુગમાં એનું મહત્વ ઘણુંજ છે.

શેખના હાથ ઉપર બયત થવાના કેટલાક મહાન ફાયદાઓ છે તે પૈકી એક એ છે કે, દરેક નેક અમલનો વજુદ (અસ્તિત્વ) છે. ત્યાર પછી તેમાં ઈખ્લાસ અને કબુલિયત, આ ત્રણ વર્ગ (કમ) છે. ઈખ્લાસ દરેક રીતે સફાઈવાળા દિલનું નામ છે. જ્યારે ઈર્ષા, કપટ, ધમંડ બધીજ બીમારીઓની જડ છે. માટે તેનાથી પાક થવા પર જ માણસ દરેક પ્રકારની ગંદકીથી પાક થાય છે. ત્યારપછી જ એ દિલથી દરેક પ્રકારની ભલાઈઓ જન્મે છે. માટે અમલમાં ઈખ્લાસ પેદા કરવા પોતાના ઉપર કોઈ નેક દિલ, ફીકરમંદ શેખનો સાથ બેહદ જરૂરી છે.

જે દિલ અદેખાઈ (હસદ) કીના, દુશ્મનીથી પાક હશે તો ઉમ્મીદ છે કે, આવું દિલ ધરાવતા માણસ ઈખ્લાસથી ફેઝયાબ થશે. આજકાલ આપણા સમાજમાં આની જ કમી જોવા મળે છે. લોકો જાહેરમાં તો ઘણાં સારા દેખાય છે. પરંતુ એમનું દિલ ખૂબજ ગંદુ હોય છે.

ઉપરોક્ત અમલ પ્રેરક સંદેશના અંતમાં જ્યાં સધી કોઈ શેખ ન મળે ત્યાં સુધી ઈસ્તીગફારથી દિલોનો કાટ દૂર કરવું. તીલાવત અને દુરૂદશરીફની રૂહાની કેફીયતને વધારવું અને તેમાં પ્રગતિ કરતા રહેવું ખૂબજ આવશ્યક છે. દરેકને અમલની તૌફીક મળે એવી દુઆ કરીએ છીએ.

એક નસીહત.....

સ્કૂલની પરીક્ષામાં એક સવાલ પૂછવામાં આવ્યો.

કરોડો રૂપિયાની બેન્કમાંથી હેરાફેરી (ચોરી) થઈ ગઈ.

પરંતુ દોરીથી બાંધેલી પેન ત્યાંની ત્યાંજ રહી ગઈ.

આ નિબંધનો ભાવાર્થ લખો.....

એક પ્રતિભાશાળી વિદ્યાર્થીએ લખ્યું.

લક્ષ્મીની ચોરી થાય એટલે કે પૈસાની ચોરી થાય

પરંતુ સરસ્વતીની નહીં, એટલે કે ભણતરની ચોરી ન થાય.

એટલા માટે છોકરા છોકરીઓને શિક્ષિત બનાવો,

ધનવાન નહીં.

IMWS બરિયલ સર્વિસ

ઈન્ડિયન મુસ્લિમ વેલ્ફેર સોસાયટી, બાટલી બરિયલ ગૂપના ચેરમેન મોહમ્મદ લહેરે પયગામ ને ઉપરોક્ત સેવા અંગે નિવેદન આપતા જણાવ્યું હતું કે, આપણો સમાજ બહુ સારી રીતે પરિચિત છે કે, સોસાયટી એના સ્થાપનાકાળ (૧૯૫૭)થી જ કફન દફનના કાર્યોને અંજામ આપતી રહી છે. બલ્કે એની સ્થાપનામાં કફન દફન કાર્ય જ મૂળભૂત કારણ હતું. સંસ્થાના સ્થાપકોની મૂળ ભાવના હતી કે, આપણા મહુમોની આખરી સફર ઈસ્લામિક વિધિસર માનપૂર્વક કરવામાં આવે. એજ ભાવનાને અનુસરી સોસાયટી આજપર્યંત એ સેવા કરવામાં સક્ષમ રહી છે. આપણા વડીલોની મહેનતના પ્રતાપે મહુમોને કોફિન વિના દફન કરવાની માન્યતા મેળવનાર પ્રથમ સંસ્થાનું બહુમાન આપણી સોસાયટી ફાળે જ જાય છે.

આ આખી કાર્યપદ્ધતિ સોસાયટીની બરિયલ સબ કમિટી ધ્વારા કરવામાં આવે છે. જેમાં આપણી એરિયા મસ્જિદો, આપણા આલિમો અને વોલન્ટીયર્સો ભરપૂર સહકાર આપે છે.

અત્યારે એવી અફવાઓ પ્રસરી રહી છે કે, કદાચ સોસાયટી આ સેવા બંધ કરી દેશે. અથવા એમાં ઘરખમ ફેરફારો થશે. એના જવાબમાં સોસાયટી સત્તાવાર રીતે જણાવે છે કે, આ સેવા જે પ્રમાણે ચાલતી આવી છે તેજ પ્રમાણે ચાલતી રહેશે. એમાં રજમાત્ર પણ ફેરફાર થશે નહીં. આપણી પાસે પ્રખર નેટવર્ક છે. જેમાં ગુસલની વ્યવસ્થા, એરિયા મસ્જિદો, વોલન્ટીયર્સો, મહુમોના કુટુંબીજનોનો સહકાર હંમેશાં રહ્યો છે. અને કોમ્યુનિટીએ કોઈ પણ જાતની ફિકર કે ચિંતા કરવાની જરૂર નથી. ઉપરાંત આપણા ઉલ્માઓએ મથેરો પણ આપ્યો છે કે સોસાયટી જે રીતે આ કામ કરતી આવી છે તે જ પ્રમાણે કામગીરીને ચાલુ રાખવામાં આવે.

સોસાયટીને જાણ કર્યા વિના હાલમાં થોડાક વ્યક્તિગત લોકોએ બરિયલ સર્વિસ નામનું એક ગ્રૂપ ઊભું કરીને કોમ સમક્ષ નાણાંકીય સહાયની અપીલ કરી છે. જેના કારણે લોકોમાં ગેરસમજ ઊભી થઈ છે. અમારું માનવું છે કે, જે સફળતાપૂર્વક ચાલી રહેલ સેવાનું પુનરાવર્તન (ડુપ્લિકેટ) કરવાનું કોઈ કારણ નથી.

કફન દફનના કાર્યો ઉપરાંત એને લગતા નીચેના કાર્યો સંસ્થા કરતી રહી છે.

૧. ચીફ કોરોનરનો સહકાર મેળવી બને તેટલું જલ્દી મહુમોની બોડી મેળવવાનું કામ.
૨. કાઉન્સિલના ઓફીસરો સાથે બરિયલ અને કબ્રસ્તાન અંગે નિયમિત વાર્તાલાપ.
૩. સોસાયટીના પ્રયાસોથી બાટલી કબ્રસ્તાનમાં નવી જમીન મેળવી જેમાં હાલ દફનવિધિ થઈ રહી છે અને બાજુની બીજી નવી જમીન મેળવી છે જેને દફન લાયક બનાવવા માટે કાઉન્સિલ સાથે કાર્ય થઈ રહ્યું છે. તૈયાર થતાં બાટલી કબ્રસ્તાનમાં આવતા પાંચ કે એથી વધુ વર્ષો માટે દફનની વ્યવસ્થા થઈ જશે.

૪. આપણી પાસે બરિયલ વાન છે જે જ્યારે જરૂરત પડે હંમેશા તૈયાર હોય છે.

૫. આ ઉપરાંત આપણું પોતાનું સ્વતંત્ર અને અધ્યતન સગવડભર્યું કબ્રસ્તાન બને તે માટે નવી જમીનના પ્લોટ ખરીદવા માટેના પ્રયાસો સોસાયટી કરી રહી છે.

દાયકાઓથી એકધારી કરેલ બરિયલ સર્વિસ માટે સોસાયટી ગર્વ અને આનંદની લાગણી અનુભવે છે. તેમાં એરિયા મસ્જિદો, આલિમો અને વોલન્ટીયર્સોના અપૂર્વ સહકાર બદલ સૌનો આભાર વ્યક્ત કરે છે અને ભવિષ્યમાં પણ સંપૂર્ણ સહકારની આશા રાખે છે. દફનક્રિયાની વધુ ઉત્તમ સેવા આપવા સોસાયટી સક્ષમ બને એવી પરવરદિગારથી દુઆ કરીએ છીએ.

બર્થ ડે શું છે ?

આ પ્રશ્ન બીબીસી વર્લ્ડના એક પ્રોગ્રામમાં વિજ્ઞાના તમામ વીઆઈપીઓની ઉપસ્થિતિમાં પૂછવામાં આવ્યો હતો.

જેનો સૌથી સુંદર જવાબ ભારતના ભૂતપૂર્વ રાષ્ટ્રપતિ ડો. અબ્દુલ કલામજીએ આપ્યો હતો. તેમણે કહ્યું હતું,

બર્થ ડે તમારી જિંદગીનો એકમાત્ર એ દિવસ હતો જે દિવસે તમારા રડવાનો અવાજ સાંભળીને તમારી મા હસી હતી.

પરંતુ ત્યાર પછી એવો દિવસ ક્યારે પણ નથી આવતો કે ઔલાદના રડવા પર મા ખુશ થઈ હોય.

માની કદર કરો, તેણે જેટલી પણ મુશ્કેલી તમારા ઉછેરમાં વેડી છે તેનો કોઈ હિસાબ નથી અને તેનો બદલો કોઈ પણ ઔલાદ ચૂકવી શકે એમ નથી. તમારી સફળતા ઉપર ભલે બીજાને ઈર્ષ્યા થતી હશે પરંતુ મા જ એ એક એવી વ્યક્તિ છે જે હમેશાં તમારી સફળતામાં ખુશી વ્યક્ત કરે છે.

દુઆ

કોઈ ઉરૂઝ દે ન ઝવાલ દે
મુજે સિર્ફ ઈતના કમાલ દે
મુજે અપની રાહ મેં ડાલ દે
કી જમાના મેરી મિસાલ દે
તેરી રહમતો કે નુઝુલ હો
મુજે મેહનતો કા સિલા મિલે
મુજે માલ ઓ ઝર કી હવસ નહીં
મુજે બસ તુ રીઝક એ હલાલ દે
મેરી ઝહનમેં તેરી ફીક હો
મેરી સાંસ મેં તેરા ઝીક હો
તેરા ખોફ મેરી નીજાત હો
સભી ખોફ દિલસે નીકાલ દે
તેરી બારગાહમેં એય ખુદા
મેરી રોજ ઓ શબ હૈ યહી દુઆ
તુ રહીમ હય તુ કરીમ હય
મુજે મુશ્કીલોસે નીકાલ દે

મહુમ. ડો. અલ્લામા ઈકબાલ

અલવિદા માહે રમઝાન અને પેલેસ્ટાઈન ઉપર ભયાનક હુમલાઓ

પરવરદિગારના ફઝલો કરમથી રમઝાનુલ મુબારકનો મહિનો ઝડપી અને ખૂબજ શાંતિથી પસાર થયો. આપણે બધાએ સાથે ઈદની ખુશી પણ મનાવી. આ વર્ષે આ આખા મહિના દરમિયાન આપણને મસ્જિદોમાં નમાઝ, તરાવીહ અદા કરવાનો અને બયાનો વગેરે સાંભળવાનો મોકો મળ્યો, સાથેજ વિવિધ ચેરિટીઓના ચંદા પણ થયા અને તેમાં આપણે સહકાર આપ્યો.

આપણી ઈન્ડિયન મુસ્લિમ વેલ્ફેર સોસાયટીએ પણ દર વર્ષની જેમ આ વખતે પણ વિવિધ પ્રોજેક્ટોની અપીલ કરી જેમાં ઈફતાર ફૂડ પેકેટ, સદકતુલ ફીઝ માટે સોમાલીયા અને યમન ઉપરાંત ગાઝા, સિરીયા, સાઉથ ગુજરાત અને જનરલ ફૂડ માટે અપીલ કરવામાં આવી. જેમાં આપ દરેક ભાઈઓ અને બહેનો તરફથી સુંદર સહકાર મળ્યો. રમઝાન માસ દરમિયાનજ સોમાલીયા, યમન અને ગાઝા વગેરેમાં ઈફતાર, ફૂડ પેકેટનું વિતરણ કરવામાં આવ્યું. ઉપરાંત ઈદના દિવસે સોમાલીયા અને યમનમાં ગીફ્ટ, ફૂડ પેકેટ પણ વહેંચવામાં આવ્યાં. આમ આપ લોકો તરફથી મળેલ રકમનો તાત્કાલીક ઉપયોગ થાય તે માટેની કામગીરી કરવામાં આવી.

રમઝાનના આખરી અઠવાડિયામાં ભારત ખાતે કોરોનાના સેકન્ડ વેવે લોકોને ઝપટમાં લીધા. સંક્રમિત અને મરનારની સંખ્યા એટલી બધી વધી ગઈ કે ત્યાંની સરકાર પણ નાકામ બની. હોસ્પિટલો પણ દર્દીઓથી ઉભરાય અને તેઓ પણ લાચાર બન્યા. ઓક્સિજન, દવા, ઈન્જેક્શનો અને બેડોની મોટી અછત ઊભી થઈ. અહીં સુધી કે, મૃત્યુનો આંક એટલો બધો વધી ગયો કે કબ્રસ્તાન અને સ્મશાનમાં જગા ઓછી પડી અને અંતિમ સંસ્કાર માટે પણ મોટી લાઈનો લાગી. અને જોઈ ન શકાય તેવા દ્રશ્યો ઉપસ્થિત થયા. જો કે આપણાં મુસ્લિમોએ કોઈ પણ જાતના ભેદભાવ વિના હિન્દુ, મુસ્લિમોના દફન વગેરેમાં આગવી ભૂમિકા ભજવી દરેક પ્રકારની મદદ પૂરી પાડી. તેમની કામગીરીના અનેક દ્રશ્યો આપણે સોશિયલ મીડિયા ઉપર જોયા.

આવા સંજોગોમાં આપણી સોસાયટી અને બાટલીની રાબેતા અલ ઉલ્મા કમિટીએ સાથે મળી સહકારથી ઈન્ડિયા કોવિડ પ્રોજેક્ટ હેઠળ ચંદાની અપીલ કરવામાં આવી. જેમાં જામે મસ્જિદ, હેનરી સ્ટ્રીટ (આઈસીડબલ્યુએ) અને મદીના મસ્જિદ માઉન્ટ પ્લેઝન્ટ (એમપીઆઈટી)ના રીસીવર ઉપરથી લાઈવ અપીલો પણ થઈ. આ બન્ને મસ્જિદો અને આપણાં એરિયાની બીજી મસ્જિદો તરફથી સારો સહકાર મળ્યો અને લગભગ ૮૦ હજાર પાઉન્ડની માતબર રકમ એકત્ર થઈ. અમે આપ દરેકનો આભાર માનીએ છીએ. જો કે હાલમાં ઈન્ડીયાના કડક રેગ્યુલેશનના કારણે નાણાં બેન્ક મારફત મોકલવાની મુશ્કેલી હોવા છતાં આપણાં વિભાગની હોસ્પિટલોમાં કોરોના દર્દીની સહાય માટે વ્યવસ્થા કરવામાં આવી છે જેથી તેમને દવા, ઈન્જેક્શન, ટ્રાન્સપોર્ટેશન વગેરેના ખર્ચમાં મદદ મળી શકે.

મસ્જિદે અકસા અને ગાઝા ઉપર હુમલો

ઈદના બે દિવસ અગાઉ ગાઝા ઉપર ઈઝરાઈલના હુમલા અને મસ્જિદે અકસામાં ઈઝરાઈલી આર્મિનો ઘેરાવ અને મસ્જિદને

પહોંચાડવામાં આવેલ નુકસાનના સમાચારે સમગ્ર મુસ્લિમ જગતમાં શોક અને ચિંતાના વાદળો ઘેરાયા હતા. ગાઝા સહિત પેલેસ્ટીનના અન્ય વિભાગમાં દરરોજ તેમના હુમલાઓ વધી રહ્યા છે, જેમાં બાળકો, સ્ત્રીઓ અને અનેક માણસો શહીદ થઈ રહ્યા છે. વસાહતોને તોડવામાં આવી રહી છે અને મોટી તબાહી મચાવી રહ્યા છે. વિશ્વ આખુલે પોતાના મોઢા ઉપર પટ્ટી બાંધી દીધી છે અને કોઈ પણ વિરોધ દર્શાવતા નથી. મુસ્લિમ દેશો પણ ખામોશ છે. મસ્જિદોમાં રોજ દુઆઓ થઈ રહી છે. આપણી સોસાયટીનો ચંદો રમઝાનથી જ ચાલુ છે અને તાત્કાલીક મદદ માટે ૧૫ હજાર પાઉન્ડ મોકલી દેવામાં આવ્યા છે અને ત્યાં રિલિફ કામગીરી શરૂ થઈ છે જે આપ સોશિયલ મિડીયા ઉપર જોઈ પણ શકો છો. થયેલ નુકસાનને જોતા મોટી રકમની જરૂરિયાત રહેશે તો અમે વિનંતી કરીએ છીએ કે તમો વધુ ને વધુ ઈમદાદ આપી અમારા કામમા સહભાગી થશો.

પશ્ચિમ બંગાળની વિધાનસભાના ચૂંટણી પરિણામ

ગયા માસમાં ભારત ખાતે પશ્ચિમ બંગાળની વિધાનસભાની ચૂંટણીનું પરિણામ બહાર પડ્યું હતું. એપ્રિલ માસમાં યોજાયેલ આ ચૂંટણીમાં કેન્દ્રની સત્તારૂઢ બીજેપી પાર્ટીએ કરોડો રૂપિયાનું પાણી કર્યું હતું. વડા પ્રધાન સહિત આખી કેબીનેટના પ્રધાનોએ અસંખ્ય ચૂંટણી રેલીઓ, રોડ શો વગેરે યોજ્યા હતા અને બંગાળની મુખ્ય પ્રધાન મમતા બેનરજીને ઉખેડી ફેંકવાનું મોટું અભિયાન ચલાવ્યું હતું. પરંતુ રજી મે ના ચૂંટણી પરિણામે બીજેપી સરકારની ઊંઘ ઉડાવી દીધી હતી. ભાજપ માનતો હતો કે ૨૮૬ સીટોમાંથી તેઓ ૨૦૦ થી વધુ સીટો મેળવી પોતાની સરકાર બનાવશે પરંતુ તે ૭૫ સીટોમાંજ સમેટાય ગઈ હતી. જ્યારે મમતા બેનરજીની તુણમુલ કોંગ્રેસે ૨૧૫ સીટો ઉપર જ્વલંત વિજય મેળવ્યો હતો. આ ચૂંટણીમાં એક તરફ મમતા એકલી હતી તો બીજી તરફ ભાજપનો સમગ્ર કાફલો હતો. છતાં મમતાએ શાંતિપૂર્વક પ્રચાર કરી લોકોના દિલ જીતી લીધા હતા. ચૂંટણી પ્રચાર દરમિયાન તેમના ઉપર કેટલાક હુમલાઓ થયા હતા જેમાં તેમના પગ ઉપર ઈજા થતાં ફેકચર થયું હતું. છતાં તેણી વ્હીલ ચેર ઉપર બેસી પોતાનો પ્રચાર ચાલુ રાખ્યો હતો. આ ચૂંટણી કેમ્પેઈનમાં મમતા બેનરજી ઉપર ભાજપે અનેક આક્ષેપો કરી ગંદી રમતો રમી હતી અને આ હિન્દુત્વવાદી પાર્ટીનો આખરી દાવ હિન્દુ-મુસ્લિમ કાર્ડ ખેલી મતોનું ધ્રુવી કરણ કરવાની કોશિશ પણ કરી હતી. છતાં તેમાં તેમને સફળતા મળી ન હતી.

ભાજપ હારી જતાં મમતાને નકારવાના અનેક પ્રયત્નો બીજેપી સરકારે ચાલુ કર્યા છે. એક સમયે નંદીગ્રામ વિધાનસભા ક્ષેત્રમાંથી ૧૨૦૦ મતોથી તેને વિજયી ઘોષિત કરી બીજી તરફ બીજેપીના હરિફ ઉમેદવારને ૧૬૦૦ મતોથી વિજયી જાહેર કરી ફરી મતગણતરી પણ ચુનાવ આયોગે માની ન હતી. પરિણામે હુલ્લડ થતાં લગભગ ૧૧ માણસોના મૃત્યુ થયા અને આ ઘાંધલને મોટા પાયે રજૂ કરી રાષ્ટ્રપતિ શાસન લાદવાના પ્રયત્નો કર્યા હતા. પરંતુ આખરે મમતાએ મુખ્યપ્રધાન તરીકેના શપથ લીધા અને કેબીનેટની રચના કરી હતી. આ વખતે પશ્ચિમ બંગાળની ચૂંટણીમાં તુણમુલ કોંગ્રેસના ૪૧ અને અન્ય ૧ મળી કુલ ૪૨ મુસ્લિમો ચૂંટાયા છે જેમાંથી ૭ મુસ્લિમોને વિધાનસભા કેબીનેટમાં મંત્રી બનાવવામાં આવ્યા છે.

ભારતને રેડ લીસ્ટમાં મૂકવામાં વિલંબ

યુ.કે. માં ૧૭મી મેના રોજથી લોકડાઉનમાં ઘણી છૂટછાટની જાહેરાત થઈ છે અને ૨૧જૂનના સંપૂર્ણ લોકડાઉન ઉઠાવી લેવા તરફ તૈયારી કરી રહ્યું છે ત્યારે ભારતના કોરોનાના સેકન્ડવેવના જેવાજ વેરીઅન્ટ ડી.૧.૬૧૭ ના કેસો ખ્રિટનમાં જોવા મળી રહ્યા છે અને કોરોનાના કેસોમાં ઝડપથી વધારો થઈ રહ્યો છે. લેન્કેશાયરના પ્રેસ્ટન, બ્લેકબર્ન અને બોલ્ટનમાં આવા કેસો વધુ સામે આવ્યા છે. ત્યારે દેશમાં એ ચર્ચાએ જોર પકડ્યું છે કે, ખ્રિટનના વડા પ્રધાન બોરીશ જોન્સને ભારતને કોવિડ-૧૯ના રેડ લીસ્ટમાં મૂકવાના નિર્ણયમાં કેમ વિલંબ કર્યો હતો? જ્યારે કે પાકિસ્તાન અને બાંગ્લાદેશમાં ભારત કરતા પણ કોરોનાના ઘણાં ઓછા કેસો હોવા છતાં તે દેશોને ૯મી એપ્રિલના રોજ રેડ લીસ્ટમાં મૂકી દેવામાં આવ્યા હતા.

એપ્રિલના મધ્યમાજ ભારતમાં રોજ ત્રણ લાખથી વધુ કોરોનાના કેસો થયા હતા અને આ ભયંકર વેરીઅન્ટની અને તબાહીની જાણ પણ ખ્રિટનને હતી. એપ્રિલ માસમાં વડા પ્રધાનની ભારતની યાત્રા જાહેર થઈ હતી જેને રદ કરવામાં પણ સરકારે વિલંબ કર્યો હતો. ઉપરાંત ભારતથી અનેક ડાયરેક્ટ ફ્લાઈટો લંડન એરપોર્ટ ઉપર ઉતરી હતી અને ૨૦હજાર જેટલા ભારતીયો આવી ગયા હતા. તો શું આ વિલંબ ભારત સાથે રાજકીય અને વ્યાપારિક હિતોના કારણે કરવામાં આવ્યો હતો? એવા અનેક સવાલાનો સામનો સરકાર કરી રહી છે.

મક્કામાં હરમ શરીફમાં ભવ્ય કુલિંગ સ્ટેશન

મક્કા ખાતે મસ્જિદ હરામ, હરમ શરીફમાં હાજીઓને ઉચ્ચતમ સુવિધાઓ પૂરી પાડવા સઉદી અરબની સરકાર મક્કા, મદીના હરમની દેખરેખ રાખતી કમિટીની જનરલ પ્રેસિડન્સી સતત કામ કરતી રહે છે. હાલમાંજ અલ્ટ્રાવાયોલેટ લાઈટ એર પ્યુરીફિકેશન ટેકનોલોજીનો ઉપયોગ કરી આ ગ્રાન્ડ મસ્જિદમાં શુદ્ધ હવાનો પૂરવઠો સતત મળતો રહે તે માટે બે કુલીંગ સ્ટેશનો મૂકવામાં આવ્યા છે. જે વિશ્વનો સૌથી મોટો કુલીંગ સ્ટેશન હશે. જે પૈકી અજયદ સ્ટેશન ૩૫,૩૦૦ ટન રેફ્રિજરેશન જ્યારે નવું સેન્ટ્રલ સ્ટેશન ૧,૨૦,૦૦૦ ટન રેફ્રિજરેશન ઉત્પન્ન કરવાની ક્ષમતા ધરાવે છે. આ સમગ્ર સિસ્ટમને નિષ્ણાંત એન્જિનિયરો અને ટેકનીશ્યનોની દેખરેખ હેઠળ મૂકવામાં આવ્યા છે. એક માહિતી મુજબ આ ફીલ્ટ્રેશન કામગીરી દિવસમાં ૯ વખત હાથ ધરવામાં આવે છે અને હવાને ૧૦૦ ટકા શુદ્ધ બનાવવાની પ્રક્રિયા છે.

મસ્જિદોમાં રમઝાનની વ્યવસ્થા અને ઈદગાહમાં ઈદની નમાઝ

ગયા વર્ષની તુલનામાં આ વર્ષે આપણે રમઝાનનો મહિનો અને ઈદની નમાઝ મસ્જિદોમાં અદા કરી. ગયા વર્ષે સંપૂર્ણ લોકડાઉન હતું પરિણામે તમામ નમાઝો મસ્જિદોમાં અદા કરવાથી મેહરૂમ રહ્યા હતા. આ વર્ષે કોરોનાના કેસોમાં મોટા ઘટાડાથી લોકડાઉનમાં રાહત મળી અને સરકારના છૂટછાટના નિયમોના કારણે ખ્રિટનની તમામ અને આપણાં બાટલી, ડ્યુઝબરી એરિયાની બધી મસ્જિદો સલામતિના પગલાના અમલ સાથે ખુલ્લી રહી. આપણી તમામ મસ્જિદોના કમિટી સભ્યો, કાર્યકર્તાઓ, ઉલ્માઓ અને સભ્યો વગેરેઓએ આ તરફ ધ્યાન આપી કાયદાને અનુસરીને દરેક કાર્યપદ્ધતિ ઉપર કામ કરી

રમઝાનમાં પાંચ વખતની નમાઝ, જુમ્મા અને તરાવીહની નમાઝની અદાયગી, બયાનો અને ચેરિટી કલેક્શનો માટે સુંદર વ્યવસ્થા કરી અને આપણે તેનો સંપૂર્ણ લાભ ઉઠાવ્યો. ઉપરાંત મસ્જિદોમાં સલામતિને ધ્યાનમાં લઈ એતેકાફમાં બેસવા માટેની વ્યવસ્થા કરવામાં આવી.

સોશયલ ડીસ્ટન્સિંગના કારણે મસ્જિદોમાં નમાઝીઓ માટે જગા ઓછી હોય તરાવીહની નમાઝ, જુમ્માની નમાઝ અને ઈદની નમાઝમાં વધારો કરવામાં આવ્યો. જેનાથી આપણને આસાની થઈ અને કોઈ પણ મુશ્કેલી વિના આપણે તમામ નમાઝ અદા કરી શક્યા. આમ મસ્જિદના કમિટી સભ્યો, મદદનીશો, ઉલ્માઓ અને નમાઝીઓની કામગીરી પ્રસંશનીય રહી. આપણે દરેકનો આભાર માની તમામ લોકોની ખીદમતોને પરવરદિગાર કબુલ ફરમાવે એવી દુવા કરીએ છીએ આમીન.

વધુમાં આ વર્ષે રમઝાન માસના શરૂઆતથીજ ઈદગાહના કાર્યકર્તાઓ લોકોલ ઓથોરિટી અને હેલ્થ વિભાગ સાથે સંપર્કમાં રહ્યા હતા અને ઈદની નમાઝની વ્યવસ્થા આઉટડોર ફીલ્ડમાં થાય (જેમ કોરોના મહામારી પહેલા થતી હતી) તે માટે વાતચીત વગેરેની શરૂઆત કરી હતી. જેમાં ઈદગાહને પરવાનગી મળી હતી. ઈદગાહમાં ઈદની નમાઝ માટેનું અગાઉથી બૂકીંગ, કન્ફરમેશનથી લઈને માઉન્ટ પ્લેઝન્ટ ક્રિકેટ ગ્રાઉન્ડની સાથેના હર્સ્ટમાઉન્ટ ક્રિકેટ પીચ ઉપર વ્યવસ્થા કરવામાં આવી હતી. કોરોનાના ગાઈડન્સનું સંપૂર્ણપણે પાલન કરી લોકલ ઓથોરિટીના ઓફીસરોની હાજરીમાં મોટા પાયા ઉપર વોલન્ટીયરોએ સુંદર કામગીરી બજાવી હતી અને ખૂબજ સારી રીતે ઈદની નમાઝ અદા થઈ હતી. ઈદગાહના વોલન્ટીયરોને પણ મુબારકબાદી પાઠવીએ છીએ.

કોરોના વિરૂધ્ધ જંગમાં પઠાણ ક્રિકેટ બંધુઓ

કોરોના મહામારીની શરૂઆતથીજ ભારત ખાતે મુસ્લિમ સમાજ કોઈપણ જાતના ભેદભાવ વિના સમાજ સેવા, અંતિમ સંસ્કાર અને અન્ય મદદ માટે આગળ પડતો ભાગ ભજવી રહ્યો છે. તેમાં પણ એપ્રિલ માસમાં વ્યાપક રીતે ફેલાયેલ બીજા વેવમાં જ્યારે મરનારાઓ અને હોસ્પિટલોમાં દાખલ થનારાઓને પોતાનાજ કુટુંબીજનોનો સહકાર મળતો ન હતો તેવા સંજોગોમાં મુસ્લિમોએજ આગળ પડી સેવા પૂરી પાડી હતી.

કોરોના વિરૂધ્ધ જંગની સહાયમાં ગુજરાતના બરોડા ખાતેના જાણીતા ક્રિકેટર ભાઈઓ ઈરફાન પઠાણ અને યુસુફ પઠાણનું નામ પણ મોખરે છે. સોશીયલ મિડીયા અભિયાન દરમિયાન થયેલ તમામ કમાણી તેમણે ચેરિટીમાં આપી હતી. ઉપરાંત દિલ્હી સ્થિત પઠાણ ક્રિકેટ એકેડમીમાં કોરોના સંક્રમિતોને મફત ભોજન ઉપલબ્ધ કરાવે છે. એમના પિતા મહેમુદખાન પણ પોતોના ટ્રસ્ટ મારફત વડોદરાના કોરોના દર્દીઓને સહાય પૂરી પાડી રહ્યા છે. આ ક્રિકેટ જોડી અત્યાર સુધી ૯૦હજારથી વધુ પરિવારોને મદદ કરી ચૂક્યા છે. ૨૦૨૦માં પણ તેમણે ફી માસ્ક અને પોલિસ કર્મીઓને વિટામીન ડી ટેબ્લેટનું વિતરણ કર્યું હતું. આ ક્રિકેટ બંધુઓ જનસેવાના અનેક કામો કરતા રહે છે. ૨૦૧૮માં કેરળમાં પૂર દરમિયાન ત્યાંના લોકોને દવા, ભોજન, કપડા જેવી પાયાની જરૂરિયાતની સામગ્રીની વહેંચણી પણ તેઓએ કરી હતી.

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